

Inside



■ Kristin Kreuk — Lana Lang of 'Smallville' fame — turns in the kryptonite for kung fu in 'Street Fighter: the Legend of Chun-Li' **B4**

Education

Central Michigan University offers degree — Central Michigan University offers a 36 credit hour Master of Science in Administration degree with concentrations in General Admin, Health Service Admin, Human Resource Admin, Leadership, and Public Admin. Registration for Summer I will be held until April 17. Call 422-6118 or send e-mail tanne1am@cmich.edu for more information or to register for classes.

Troops to Teachers presentation — A local representative will be available in Hangar 2, Rm. 102 on Tuesday, April 14 starting at 11:30 a.m. No appointment is required. Plan approximately 1.5 hours for the presentation. Contact the Force Development Flight at 449-6363 for more information and details.

CCAF graduation — Hickam's annual ceremony is scheduled for Friday, May 15 at 10 a.m. at the Officers Club Lanai. Graduates who want to participate must RSVP by April 24. CCAF graduates can apply for the Pitsenbarger Award (a \$400 grant) by submitting an application by April 17 at Hangar 2, Rm. 103. Contact Timothy Smith at timothy.smith2@hickam.af.mil.

AF Tuition Assistance (TA) — You can request TA within 45 days of your course start date via the Air Force Virtual Education Center in the AF Portal. A degree plan must be on file (an official degree plan after 12 credits completed) before TA will be approved. Contact the Force Development Flight at 15mss.dpe@hickam.af.mil or stop by Hangar 2, Rm. 103 for more information.

Commissioning briefing — This is scheduled for Friday, April 10 at 1 p.m. in Hangar 2, Room 126. This is the starting point for active duty enlisted AF members interested in becoming a commissioned Air Force officer. Contact the Force Development Flight via e-mail 15mss.dpe@hickam.af.mil or call 449-6363 to sign-up for the briefing. Plan approximately 1.5 hours for the briefing.



Hickam Kukini file photo

Kicks for Kids

Youth have a valuable chance to learn from Hawaii Pacific University soccer coaches

Sign up for a chance to learn from coaches from the Hawaii Pacific University soccer team!

"Kicks for Kids" is being hosted by the Friends of Hickam. Coaches from the university are going to be conducting the special clinic, which

will be held on Saturday, April 18 from 9 to 11 a.m. at the Youth Soccer Fields behind building 1335. Plus, there will be free soccer balls for the first 200 children!

The clinic is for children ages 8-13. Registration will take place at

the Makai Recreation Center starting this Monday, April 13 until Friday, April 17.

For the April 18 soccer clinic, the Hickam community is encouraged to help make the day a success for our youth. "We are asking for volun-

teers to help with getting the children organized that morning," said organizer Mary Duncan. "Tables will set up for the children to check in and receive their soccer balls."

To volunteer, call Angela Villanueva at 449-3354.

WARRIOR of the week

By Chris Aguinaldo
Hickam Kukini editor

HICKAM AIR FORCE BASE — For her dedication in training Airmen to help each other, Team Hickam is proud to declare Staff Sergeant Jenilee Valle of the 15th Medical Operations Squadron our Warrior of the Week!

SSgt. Valle is the Basic Life Support (BLS) program administrator and also a Self Aid and Buddy Care (SABC) advisor, making her a key player in keeping the force ready for action.

"SSgt. Valle has been pivotal to Team Hickam through her remarkable efforts in our education and training programs," said Lt. Col. Steven R. Hinten, Commander, 15th Medical Operations Squadron.

"Her hard work and dedication were recognized when the 15th Medical Group's Life Support Program received an 'Outstanding' during the Health Services Inspection (HSI) in September 2008."

Such praise shows that SSgt. Valle's impromptu decision to join



Photo by Chris Aguinaldo

Staff Sergeant Jenilee Valle of the 15th Medical Operations Squadron is a 'mature individual who stands above her peers and accomplishes her job with the finesse and expertise of someone of a higher grade' according to her commander.

the service turned out right. After high school, the Stratford, Conn. native explained she wasn't financially ready for college.

"I planned to take a year off and work," she recalled.

But a classmate was enlisting in the Air Force, so SSgt. Valle took a chance and called a recruiter on a Sunday afternoon.

"He picked up — and at that moment, I spontaneously changed

the course of my life. Here I am now, nearly nine years down and a few more left in me," she shared.

"The Air Force has definitely matured me. My character has grown stronger and I've gotten more assertive."

She's been at Hickam for two years, enjoying what Hawaii offers. "The island is absolutely beautiful. It's something I will cherish forever."

She's also working on a degree. "My BA in Criminal Justice is near completion. So, hopefully, in 5-10 years I will be working for the FBI."

Such drive doesn't surprise her commander.

"SSgt. Valle became a linchpin for the 15th Airlift Wing's Self Aid and Buddy Care program," said Lt. Col. Hinten. "In five months, she turned the program completely around, taking it from a 'Major Discrepancy' during the 2008 HSI to fully compliant, and a major factor in the 'Outstanding' score received by the Casualty Care portion of the February 2009 Operational Readiness Inspection."

"SSgt. Valle is a mature individual who stands above her peers and accomplishes her job with the finesse and expertise of someone of a higher grade. Everything she participates in becomes a success story, and we are very proud to have her as a member of our team," he continued.

Hickam Flyers take third in AF contest

Submitted by the
Hickam Flyers

HICKAM AIR FORCE BASE — The Hickam Flyers, a dance and tumbling team from Hickam AFB, placed third in the Air Force Family and Teen Talent Contest held recently.

The Air Force Family and Teen Talent Contest conducted during 2008 had more than 160 participants submitted from 37 installations for the AF-level competition.

The "Hickam Flyers" are Sara Marshall, Kylee Porto, Megan Edwards, Alyssa McChesney, Victoria Everett, Arianne Sorianno, Katie Trujillo and Brittany Greene. The Flyers are



coached by Rachael Killingsworth.

The contest winners were chosen by a panel of professional entertainers. The talent contest provided an excellent opportunity for families to showcase their creative expression through singing, dancing, playing musical instruments and other specialty performances.

The first place AF winners will be invited to perform with Tops in Blue when the team visits the winner's installation. First, second and third place winners in each category will receive recognition awards.

Courtesy photo

The Hickam Flyers, a dance and tumbling team from Hickam AFB, placed third in the Air Force Family and Teen Talent Contest.

Inside SERVICES

Smooth Jazz Nights

Enjoy a night of jazz in Waikiki on April 10 and 11. See top jazz artists featuring Deniece Williams, Ray Parker Jr., Ready Freddie Washington and Brian Simpson at the Royal Hawaiian Theater. Tickets are \$45 for general seating. Call Information, Tickets and Travel at 448-2295.

Easter Brunch at clubs

Tickets are selling fast for the Sunday, April 12, Easter brunches at both the Hickam Officers and Enlisted Club. The cost is \$24.95 (\$2 Members First discount), ages 7-12 \$12.50, ages 3-6 \$6.25 and children 2 and under free. Call 448-4608 (O) or 448-2271 (E) for reservations.

6th Annual Aloha Classic Basketball Tournament

Teams from all service branches will be competing for the coveted Aloha Classic Championship Trophy April 13-18 at the Hickam Fitness & Sports Center. There will be exciting games all week long so come and cheer for your favorite team. Door prizes will also be available. For more information, call the Hickam Fitness & Sports Center at 448-2214. The event is sponsored in part by Cycle City, Komo Mai Asset management, Big City Diner, the Waikiki Resort Hotel, Menhune Water, AIG Hawaii, Pagoda Restaurant & Hotel, Oahu Realty and Kilauea Military Camp (No

Federal endorsement of sponsors intended). Daily game schedule will be posted at the Fitness Center.

HPU coaches give free soccer clinic

Youths ages 8-13 can participate in a free youth soccer clinic conducted by Hawaii Pacific University coaches on April 18 at the youth soccer field. Each participant will receive a free soccer ball. Registration is April 13-17 at the Makai Recreation Center. The clinic is limited to the first 200 children. Call 449-3354 for more information on the camp.

SAP 2009 Summer Camp

The School Age Program is accepting Summer Camp registration April 14-17 from 8:30 a.m. to 12:30 p.m. in Bldg. 1335. For more information, call SAP at 448-4396.

Summer Junior Golf Program at Mamala Bay

The Summer Junior Golf Program for ages 7-12 years, begins registration on April 15 at Mamala Bay Golf Course. The program will be held on June 15, 16, 22, 23, 29, 30 and July 13 and 14. Junior golfers will be awarded certificates of achievements at banquets held on July 20 and 21. The cost is \$49. Each junior golfer will receive a shirt, hat, golf balls, a tee pack along with four lessons. The deadline to sign up is May 17. For more information, call the Pro Shop at 449-2302/2304/2305.

Rent-a-Skipper at Outdoor Recreation

Sailing enthusiasts, who never had the time or opportunity to learn how to sail, can now Rent-a-Skipper at Outdoor Recreation. Let our experienced skippers do the work for you on Saturday, April 18 from 7:30 a.m. to 3 p.m. Enjoy an afternoon of sailing with sights of Waikiki and Diamond Head. Sign up by April 15. The cost is \$50 per person. To sign up, call ODR at 449-5215.

Green Eggs and Sam at the Officers Club

Listen to live classic rock music by Green Eggs and Sam at the Officers Club on Friday, April 17 from 6 to 10 p.m. in the Koa Lounge. For more information, call the O Club at 448-4608, Ext. 11.

Come to a family dinner and movie night

Join us for a family spaghetti dinner and watch the movie "Ratatouille" on Friday, April 17 at 5:30 p.m. at the Makai Recreation Center Ballroom. Children should bring a sleeping bag or blanket to sit on the floor. The cost is \$20 for a family of four and \$3 for additional children. The deadline to register and pay is April 15. For more information, call the MRC at 449-3354.

Piano Lady School of Music spring recital

Watch performances by the students of the Piano Lady School of Music in their Music Spring Recital on April 18 at 4 p.m. The event is free. Call the Makai Recreation Center at 449-3354.

Cribbage Tournament in the Puka Lounge

Sign up now with your partner for the Puka Lounge Cribbage Tournament held on April 18 at 2 p.m. Teams will play a Double Elimination Tournament. The cost is \$20 per team. Call the Puka Lounge at 448-9890 for more information.

Watch UFC 97 at the Enlisted Club

Ultimate Fight Championship featuring Anderson Silva vs. Thales Leites will be aired at the Enlisted Club on Saturday, April 18 at 4 p.m. The doors open at 3 p.m. The event is free for members and \$10 for non-members. Call the Enlisted Club at 448-2271 for more information.

Two for One Steak Night at J.R. Rockers

Get two sizzling cuts of rib eye steak cooked to order with two orders of fresh vegetables on Tuesdays, 4:30-7:30 p.m. for \$17.95 at J.R. Rockers. For more information, call 448-2271.

Golf Cart increase helps cover cost of GPS System

The cost of renting a golf cart at Mamala Bay Golf Course increased from \$12 to \$13 this month. The rate increase helps cover the cost of the new GPS system now available on the carts. Mamala Bay is the first military base on the island to offer GPS and the rental cost is only \$1 higher than competitive courses that do not offer GPS. Call the Pro Shop at 449-2300 for details.

Hickam Invites you to Bowl with the Pros!



April 24-26

Hickam Bowling Center



April 24 & 25

"Meet the Pros" at 5 p.m.

"Bowl in the Pro Am" at 6 p.m.

April 26

Championship match at 1 p.m.

For information, call the Bowling Center at 448-9959.

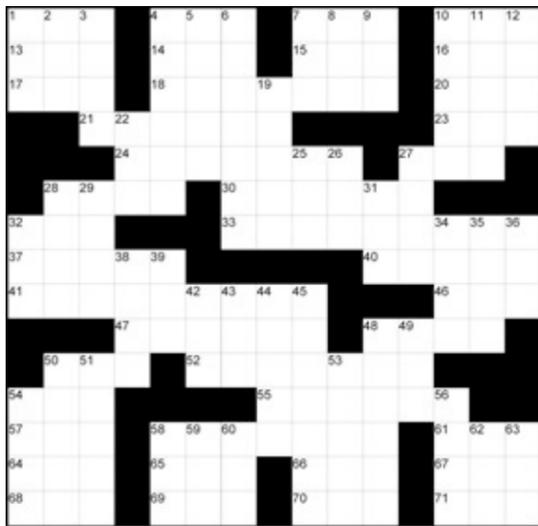
HICKAM BAY SERVICES
Credit Support & Commitment, Since 1947

The Pro Am is sponsored in part by:



No Federal endorsement of sponsors intended.

Crossword Puzzle: Never Forget



By Capt Tony Wickman
71st Flying Training Wing
Public Affairs

ACROSS

- 1. Vase
- 4. School agriculture org.
- 7. Vitality
- 10. Automobile
- 13. Afternoon beverage
- 14. EarthLink competitor
- 15. Lennon's love
- 16. Foreign mil. address
- 17. Actor Harris and others
- 18. East-central African country
- 20. USN equivalent to AFB
- 21. New York city
- 23. Mining goal
- 24. Incapacitate
- 27. Damp
- 28. Mil. org. who's motto is "Until they are home"
- 30. Car operator
- 32. Lament
- 33. Beginning of phrase on flag for observance
- 37. Thoughts
- 40. Bites
- 41. See 33 ACROSS, end of phrase

- 46. Esprit
- 47. Suitable to dine on
- 48. Actor Pitt
- 50. Bachelor's spot
- 52. North-central European country
- 54. Subject of observance, incarcerated mil. member in war
- 55. Wild Asian ass
- 57. Org. concerned with smog
- 58. Panavia's GR-4 aircraft
- 61. Ancient
- 64. USAF enlisted eval.
- 65. Auto club
- 66. Vietnam lunar New Year
- 67. Subject of observance, unaccounted mil. member
- 68. Product to make soap
- 69. Jimmy open
- 70. Place for doctors
- 71. Terminate

DOWN

- 1. Southwestern American Indian
- 2. Color of 12 DOWN
- 3. NBA MVP Steve
- 4. Cloth
- 5. Penalties
- 6. By now

- 7. Male child
- 8. Conjunction
- 9. Hawaiian food made from taro
- 10. Lake transport
- 11. Detached
- 12. Item used to the remember loved ones to keep the faith
- 19. Soccer sporting goods manufacturer
- 22. Oklahoma city
- 25. Charlie's Angels Lucy
- 26. Desperate Housewives' Longoria
- 27. Small brownish songbird
- 28. Sport similar to wrestling developed in Japan
- 29. Equal
- 31. Unit of energy
- 32. Force shaping tool, in short
- 34. Wine valley
- 35. In debt
- 36. Kitchen measurement
- 38. Ripened
- 39. Turf
- 42. Dead heat
- 43. Cable channel
- 44. Singer John
- 45. Newborn
- 48. People strongly partial to one's own group with intolerance
- 49. 1979 Fields' movie Norma —
- 50. In Flanders Fields subject
- 51. Plugged in
- 53. American lawyer, pioneer in consumer protectionism
- 54. Fruit rind
- 56. Home to Caesar
- 58. Draft
- 59. Paddle
- 60. Singer/songwriter Charles
- 62. Vietnam Memorial sculptor and architect
- 63. Father

See **SOLUTIONS, B5**

SUDOKU

For solution, see SUDOKU, B5

					4		8	
4						6	5	
	2					4	3	9
5			4		8			
	4		6	5	1		7	
			2		9			1
2	8	3					1	
	1	5						4
	6		5					

Team Hickam History

The Air Force's most historic airfield

April 10, 1943 — The 15th Station Complement Squadron (predecessor to the 15th Maintenance Operations Squadron) is activated at Jacksonville Municipal Airport, Florida.

April 10, 1964 — During memorial services for General Douglas MacArthur, a fly-by of three F-102 jets in the "Missing Man" formation passes over the Hickam Mall.

April 14, 2003 — Due to the proximity of Typhoon Kujira to Guam, all of the 7th Air Expeditionary Wing (7 AEW) B-52s and B-1Bs — together with supporting airmen, equipment, and aircrews — evacuate from the airfield beginning April 13, 2003. By the next day, all the bombers had relocated either to Hickam AFB or to Fairchild AFB, WA.

April 16, 1935 — The "Pan American Clipper" flies from Alameda, California, to Honolulu, Hawaii in 18 hours and 37 minutes in the first test flight for Pan American Airways' trans-Pacific commercial air service.



April 16, 1942 — A ceremony is held at Hickam Field to present the Silver Star "For gallantry in action during the Japanese air attack on the Island of Oahu, Territory of Hawaii, 7 December 1941, and pursuant to citation in General Orders Number 11, Headquarters, 7th Air Force Base Command, dated 23 March 1942." Among the seven officers and enlisted men receiving the Silver Star was Lt. Col. (later Maj. Gen.) Gordon A. Blake. Some 101 officers and enlisted men also received Purple Hearts.

RELIGIOUS OPPORTUNITIES

For more information on Base Chapel services, call the Chapel Center at 449-1754. After hours emergency Duty Chaplain via Command Post: 448-6900.

CATHOLIC
 Nelles Chapel
 Weekday Mass
 Mon.-Thu.,
 11:30 a.m.
 Saturday Confessions
 4:15 p.m.
 Saturday Vigil Mass
 5 p.m.
 Chapel Center
 Sunday Mass 10:30 a.m.

PROTESTANT
 Chapel Center
 Sunday
 Contemporary Service
 8:30 a.m.
 Nelles Chapel
 Traditional/Liturgical Service
 8:30 a.m.
 Gospel Service
 10:30 a.m.

OTHER RELIGIOUS OPPORTUNITIES
 Buddhist, call 536-7044
 Jewish, call 473-3970
 Mormon, call 488-2434
 Muslim, call 947-0050

(Protestant) Chapel Center
 Sunday (Sep-May) AWANA 3:00 p.m.
 Wednesday Sunday School Dinner
 4:45 p.m.
 Wednesday Sunday School
 Classes 6:00 p.m.

King Hall First Floor Dayroom –
 Bldg. 1856 - All Airmen welcome!
 Mon.-Thu. 6-10 p.m.
 Fri.-Sat. 6-11 p.m.
 Free gourmet espresso, cappuccinos, Italian sodas
 Video games, internet, movies and more
 To Volunteer, call the Hickam Chapel Center at 449-1754

RELIGIOUS EDUCATION
 (Catholic) Chapel Center
 Sunday (Sep-May) 9:00 a.m.

THE GATHERING PLACE
 Airmen's Dorm Coffeehouse

Jenny
 www.jennyspouse.com



AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Madea Goes to Jail

After a high-speed chase puts Madea in front of the judge, her reprieve is short-lived as anger management issues get the best of her and lands her in jail. A gleeful Joe couldn't be happier at Madea's misfortune. But Madea's eccentric family members rally behind her, lending their special "country" brand of support. Meanwhile, Assistant DA Joshua is on the fast track to career success. But he lands a case too personal to handle — defending young prostitute and former drug addict Candace and asks his fiancée and fellow ADA Linda to fill in on his behalf. When Candace ends up in jail, Madea befriends the young woman, protecting her in a "motherly" way as only Madea can.

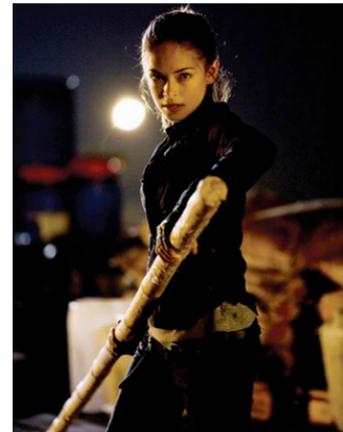
Starring Tyler Perry and Derek Luke.
 Rated PG-13 (mature thematic material, drug content, violence, sexual situations); 103 min.
 Tonight, 6 p.m.; Saturday, 7 p.m.; Wednesday, 7 p.m.



Street Fighter: The Legend of Chun-Li

Based on the popular video game franchise, female fighter Chun Li embarks on a quest for justice. Warriors converge on the streets of Bangkok, preparing for the ultimate battle of terror versus beauty, light versus darkness and good versus evil.

Starring Brahim Achabbakhe and Russell Banks
 Rated PG-13 (violence, martial arts action, sensuality); 96 min.
 Tonight, 8:30 p.m.; Sunday, 4 p.m.; Thursday, 7 p.m.





Courtesy photo

Hickam youth go on bear hunt

Saturday's Teddy Bear Round-up at Pearlridge Center was a great success, bringing in 10,150 teddy bears for children who need comfort. Of that, Hickam Elementary School collected 534 stuffed animals, which were delivered by the school's Junior Police Officers and members of the 15th Security Forces including A1C Cindy Anderson, TSgt Paul Eversley, SSgt Krystal Stephenson and SrA Nicole Longotia. Members of 15 SFS stayed to help count the donations that poured in. Members of the 624th Regional Support Group also stopped by with donations. The 12th annual event was organized by Prevent Child Abuse Hawaii and was part of Child Abuse Prevention Month. Hickam Family Advocacy Program is on the planning committee.

SOLUTIONS, From B3 — SUDOKU, From B3 —

URN	FFA	SAP	CAR
TEA	AOL	ONO	APO
EDS	BURUNDI	NAS	ORE
	HARLEM		
	DISABLE	WET	
JPAC	DRIVER		
RUE	YOUARENOT		
IDEAS		GNAWS	
FORGOTTEN		PEP	
	EDIBLE	BRAD	
PAD	ESTONIA		
POW	ONAGER		
EPA	TORNADO	OLD	
EPR	AAA	TET	MIA
LYE	PRY	ERS	END

6	5	9	3	2	4	1	8	7
4	3	8	1	9	7	6	5	2
1	2	7	8	6	5	4	3	9
5	9	1	4	7	8	3	2	6
3	4	2	6	5	1	9	7	8
8	7	6	2	3	9	5	4	1
2	8	3	9	4	6	7	1	5
9	1	5	7	8	3	2	6	4
7	6	4	5	1	2	8	9	3

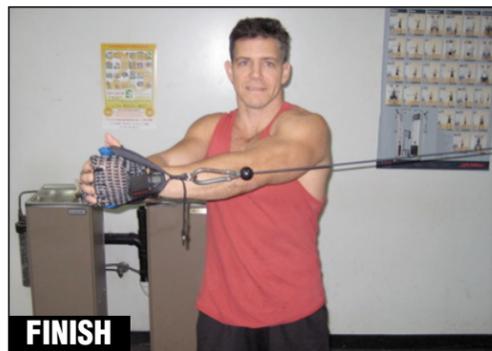


FITNESSTIPS

Exercise: Trunk rotation
Muscles worked: CORE



Stand next to cable machine and adjust the pulley at about shoulder height. Next, line yourself so that your arms are fully extended in front of you. Slowly rotate your trunk w/out moving the legs and keep CORE muscle engage throughout the movement. Switch to the other side for the same amount of repetitions.
Note: Ensure the lower and upper legs do not rotate throughout the exercise.



Model: Lt. Col. Joseph Yezzi
Photos: Mr. Benny Miguel, Fitness Director
Instructions: A1C Katrina Plank, Asst. Fitness Coordinator and certified personal trainer