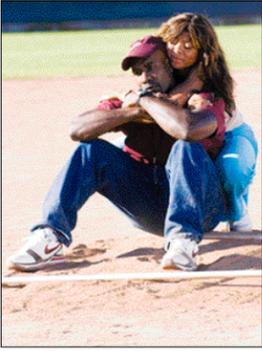


Inside



■ Movies this week: 'Not Easily Broken' (above) and 'The Curious Case of Benjamin Button'

B4

Education

Hickam Officers' Spouses Club Thrift Shop Scholarships — The HOSC Thrift Shop Scholarship Program is offering scholarships for graduating high school seniors, and spouses who are DoD dependents. Active duty, retired, reserve and Air National Guard stationed here in Hawaii are eligible to apply. Pick up your application packet at the NCO Club, Officers' Club, Education Office, Family Support or Hickam Library. For more information or to have a packet e-mailed to you, please contact Jennifer Waite at 422-5045. The deadline is Sunday, March 1.

Spouse Tuition Assistance Program (STAP) — Spouses of active duty Air Force members may be eligible for STAP funds to go to college. Applications will be accepted Feb. 23 - March 11 for classes with a term start date of Apr/May/June 2009. Applications available in Hangar 2, Rm 103 or at www2.hickam.af.mil/units/15mssaafr/index.asp under Air Force Aid Society. Call the Force Development Flight at 15mss.dpe@hickam.af.mil.

Commissioning Briefing — This will be held Friday, Feb. 20 at 1300 in Hangar 2, Room 126. This is the starting point for active duty enlisted AF members interested in becoming a commissioned Air Force officer. Contact the Force Development Flight at 15mss.dpe@hickam.af.mil or call 449-6363 to sign-up for the briefing. Plan approximately 1.5 hours.

09E6/7 WAPS Testing — The cycle runs until March 31. WAPS testing is scheduled for 0730 and 1330 in Hangar 2, Rm 278. Note these are test start times NOT SHOW TIMES. Doors open at 0715 and 1315. All examinees must be in Military Uniform of the day and have their valid military ID cards in their possession to be tested. Call Mr. Myers, at 449-6363 x252 or e-mail david.myers@hickam.af.mil

CCAF Cutoff Date for Spring Diploma Printing — To be considered part of the CCAF April class, CCAF must receive all documentation (official transcripts) for degree candidate submissions by next week Friday, Feb. 27. This is for diplomas to be printed in April. Hickam's annual CCAF graduation ceremony will be May 15. Contact Timothy Smith at timothy.smith2@hickam.af.mil or call 449-6363 x221.



MSgt (ret) Bryant Hafler, HPARC fitness specialist, says 'It's never too late to get into running' and he'd help those interested.

Airmen part of this year's Great Aloha Run

More than 20,000 participants were part of Monday's Great Aloha Run — including Team Hickam personnel. More than 140 active duty Airmen signed up with the Enforcing Underage Drinking Laws (EUDL) program, wearing shirts promoting the message of responsible drinking. PACAF Commander Gen Howie Chandler also led various service formations, showing the strong presence of Hawaii's military.



A1C Markus Annis and TSgt David Anderson of the 15th Communications Squadron wear the Enforcing Underage Drinking Laws program's shirt during their run.

Photos by Chris Aguinaldo

By Chris Aguinaldo
Hickam Kukini editor

WARRIOR *of the week*

Team Hickam proudly declares SSgt Misty Michelle Johnson, a Formal Training NCO from the 15th Mission Support Squadron, as its Warrior of the Week.

While the Shawnee, Okla. native originally joined the Air Force to see the world, she also reports that she's found the camaraderie with her fellow Airmen to be invaluable — a fact she can attest to personally.

"One of the many aspects of the Air Force that I enjoy is how it keeps me traveling and meeting new people. Many of these people have made a serious impact on my life. One of them in particular, my husband (TSgt Christopher Johnson), has made the most significant contribution. He keeps me focused on my goals and helps me challenge myself as an NCO," she said.

She's been in the service for 11 years, with the last four at Hickam AFB and is currently in Personnel.

"As a commander, I really appreciate her can-do attitude on any issue," said Maj Steven Zubowicz, 15 MSS. "SSgt Johnson is a model NCO who always displays positive energy, solid personnel expertise, and the right



Photo by Chris Aguinaldo

SSgt Misty Michelle Johnson is known for her "can-do attitude" according to her commander. She plans to get into social work in the future.

customer focus."

That dedication impacts many who serve here, as SSgt Johnson administers Team Hickam's formal training program, where she manages all personnel requirements to develop combat-

ready Airmen through NCO Academy, SNCO Academy, and other professional military education courses, said her commander.

Additionally, she serves as an assignments, separations, reenlistments and promo-

tions technician.

"As an additional duty — for exercises, inspections, and real-world — SSgt Johnson is squadron Unit Deployment Manager. In this capacity she's responsible for the deployment readiness

of all military personnel in the 15 MSS, ensuring combat-ready PERSCO teams are prepared for deployment, my number one command priority," Maj Zubowicz said.

Through all those responsibilities, SSgt Johnson says her favorite part of the job is "making people happy."

She says the Air Force has "given me the confidence I didn't have before joining to pursue goals that I once thought to be unattainable — for instance, pursuing my BA in Social Work, learning the violin, and becoming a Victim Advocate."

She hopes to attain her BA within the next five years, putting in lots of volunteer time and in the future "making a significant improvement to the community using my education and Air Force knowledge."

While she loves Hawaii and especially its concept of family ("Ohana has become a word that I cherish and will use for many years," she said), SSgt Johnson still looks forward to seeing other locales in her career.

"There are still many places in the Mainland that I haven't seen. So hopefully my next assignment will be in the Midwest. I still have a lot of traveling to do."

Our hearts go out to 'Charlie'

Charlie Flight, 15 SFS, began their shift under a different tune this past Valentine's Day, when an ensemble from the Honolulu Blend Show Chorus came on base to present a singing Valentine to their shift supervisor, MSgt John Havrilla. Mrs. Havrilla was thrilled to have her husband receive such a special treat that even included chocolates he could share with his fellow airmen. The Honolulu Blend Show Chorus is a female a cappella 4-part harmony ensemble which meets on Monday nights at the Fleet Reserve Association, just beyond Kuntz Gate. They have participated in other events such as the Tripler Tree Lighting Ceremony, Joint Spouse Conference, an HCH Brown Bag lunch forum, and will be part of a Health Fair luncheon at Ford Island on March 11, sponsored by Tripler AMC. They welcome all women over 16 to their Monday night practices from 7-9 p.m.

Photo by Debra Straight, 15 AW/IG



Inside SERVICES

Mahalo Madness Customer Appreciation Week coming up!

We at 15th Services want to show you our appreciation for your patronage, during Mahalo Madness Customer Appreciation Week Feb. 23-27. During Mahalo Madness there will be savings at Services facilities, contests, prizes and giveaways. To cap off the Mahalo Madness Week, the super finale "Mahalo Fest", a full scale Concert/Festival event complete with entertainment, live bands, food and game booths, kiddie rides, rock climbing and bouncy houses, on Feb. 27, from 3 to 8 p.m. at Freedom Tower Mall. This event is free for all ID cardholders. Mahalo Madness and Mahalo Fest are sponsored in part by DECA, Roberts Hawaii, USAA, VA Loans Hawaii, Mary Kay, Big City Diner, Geico, Kilauea Military Camp, Germaine's Luau, University of Phoenix, Sea Life Park, Tony Group, Miller Lite, Menehune Water and Silpada Jewelry (No Federal endorsement of sponsors is intended).

Enlisted Club golf tournament tickets

Pre-sale tickets go on sale Feb. 17 for Club members to the 15th Annual Enlisted Club Golf Tournament, Friday, March 13 at Mamala Bay Golf Course. The price is \$50 for Club members. Tickets for non-club members go on sale Feb. 23 for \$75. Ticket price includes tournament and green

fees, lunch and post tournament dinner at the E'Club. Prizes will be awarded for the top finishers. First tee time starts at noon. Call the E'Club at 448-2271 to sign-up.

Chess tourney welcomes players

Grab your pawns, rooks, queen, king and all the other chess pieces for the annual Hickam Base-Level Chess Tournament, tomorrow, at 11 a.m. at the Makai Recreation Center. The tournament is open to all authorized patrons of the Makai Recreation Center.

Snorkel at Ko'olina

Outdoor Recreation has a Snorkel at Ko'olina Adventure this Sunday from 9 a.m. to 3 p.m. See awesome ocean wildlife in a safe, secure environment. Round-trip transportation from Hickam, instruction and safety equipment provided. Bring snorkel gear, towel, sunscreen and lunch. Don't forget to bring your camera. The cost is \$35 per person. Call Outdoor Recreation at 449-5215 for more information.

Laugh at 'Base Humor'

Armed Forces Entertainment presents a comedy show called

"Base Humor" on Friday, Feb. 27 at 9 p.m. at the Enlisted Club. Headline comics include Wiley Roberts, Laura Park and Dan Moore. Doors open at 8 p.m. Admission is free. Call the E'Club at 448-2271 for more information.

Free junior clinic at golf course

Mamala Bay Golf Course is having a free Junior Clinic on Friday, Feb. 27, 4-4:45 p.m. The clinic is limited to the first 12 juniors to sign up. Call the Pro Shop for more information at 449-2305.

Texas Hold'em & Bunko tournaments

The next monthly tournaments are scheduled for Feb. 27 at the Enlisted Club. This event lets you test your skills against the best players on base and win great prizes. Check in at 5:45 p.m. Games start at 6 p.m. This is a preliminary round for the PACAF Texas Hold'em Championship Tournament March 25-29. This event is open to all ranks and is for members only. For more information, call the E'Club at 448-2271.

Go whale watching

Don't miss the last Ko'olina Whale Watch Tour of the season, March 7. Due to popular demand this tour was added and will fill up fast. See the majestic whales in their natural habitat off the coast of Ko'olina Bay. The bus departs

Hickam Information. Tickets & Travel office at 11:15 a.m. and returns approximately at 3 p.m. The cost is \$35 for adults and \$30 for children 5-11 years old. Children under 5 years are not permitted. Bring your towel in case you get splashed. To sign up, call ITT at 448-2295.

Spotlight talent at Open Mic Night

What's your talent? Singing enthusiasts can share their talent at the Open Mic Night at the Enlisted Club, Thursday nights, 9 to 11:30 p.m. Spectators are welcome to come in and be entertained. Admission is free. For more information, call 448-2271.

Take Arts & Crafts classes

The Arts & Crafts Center 2009 Class schedule is available at Hickamservices.com. You will find an array of classes such as Ceramics, Pottery Wheel, Cake Decorating, Drawing & Painting, Photography, Jewelry, Glasswork, Hawaiian Quilting and Woodworking to name a few. For more information, call 448-9907.

Hike Mariner's Ridge

Outdoor Recreation will take you on a hike up Mariner's Ridge on the East side of Oahu. You will see a breathtaking view of the Ko'olau Mountains, Kaneohe Marine Corps Base, Bellows and Makapu beaches and Hawaii Kai. The cost is \$35 per person and includes two guides and transportation. Wear comfortable walking shoes for this intermediate level hike. Bring snacks, water and a camera. Call 449-5215.

February 23-27

15th Services Trivia Contest!

Be the 15th caller at 3 p.m. each day of Mahalo Madness for a chance to win!
Call 449-2209 x239

Monday
\$100 Gift Certificate
Sponsored by Target

Tuesday
Dinner Cruise for Two
Sponsored by Roberts Hawaii

Wednesday
\$100 Food Voucher
Sponsored by DECA Commissary

Thursday
Luau for Two
Sponsored by Germaine's Luau

Friday
Swim with the Dolphins Tour
sponsored by Sea Life Park Hawaii

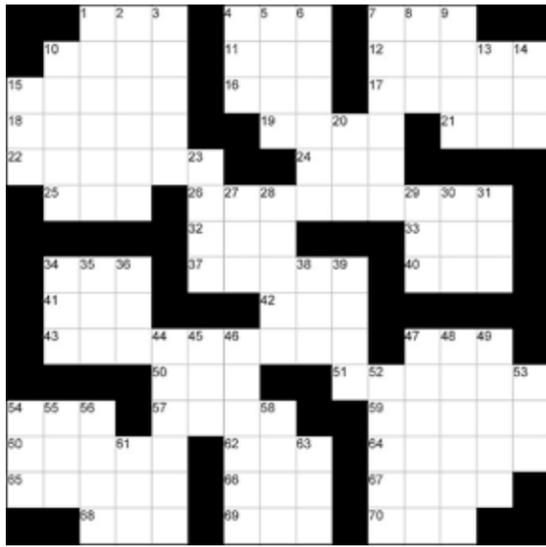
Base personnel will be contacted each day via e-mail with the Trivia Question of the day.

15th SERVICES

Mahalo Fest is sponsored in part by:

No Federal endorsement of sponsors intended.

Crossword Puzzle: Defensor Fortis



By Capt. Tony Wickman
71st Flying Training Wing
Public Affairs

ACROSS

- 1. Crypto org.
- 4. Resistance unit
- 7. Murder, ___ Wrote
- 10. Glory ___
- 11. Actress West
- 12. Pale lifeless appearance
- 15. Moon valley
- 16. ___ Clear; resume normal operations or initiate recovery
- 17. General threat against personnel/facility, unpredictable in nature
- 18. Run against; come into collision
- 19. Rip
- 21. Current
- 22. Dish
- 24. USN rank
- 25. 67°30 east of due north
- 26. Corrected by punishment
- 32. EarthLink competitor

- 33. USAF deployment set
- 34. Auto club
- 37. Condition when attack has occurred
- 40. Fall mon.
- 41. CBS program
- 42. Hearing instrument
- 43. Base defender procedure to identify friend or foe
- 47. USAF MAJCOM
- 50. Snakelike fish
- 51. Flowering
- 54. "Down Under" country, in brief
- 57. Excited
- 59. Caterpillar stage
- 60. Acronym used to describe threats to airbases and people
- 62. A Gershwin
- 64. Made a mistake
- 65. Map legend item
- 66. Bro's sib
- 67. Sultan
- 68. Alarm ___: 1-minute war-

- bling tone; attack in progress
- 69. Harris or O'Neal
- 70. Mil. telephone system

DOWN

- 1. Bad credit result
- 2. Quick, effective report to upchannel enemy actions
- 3. Author Ashworth
- 4. German grandma
- 5. Command issued during 43 ACROSS
- 6. Brawls
- 7. Meager
- 8. 2001 computer
- 9. Sports channel
- 10. M-16; primary weapon for base defenders

- 13. Article
- 14. Careen
- 15. 50 Cents music
- 20. Picnic pest
- 23. Large number
- 27. Garden tool
- 28. Revolutionary hero Ethan
- 29. USN equivalent to AFB
- 30. Shoe size
- 31. Hasty or fighting; base defender spot to fire on enemy
- 34. USAF MAJCOM
- 35. Burn residue
- 36. USAF intel org.
- 38. Children's game
- 39. ___ of Responsibility
- 44. Slanted
- 45. Appendage

SUDOKU

For solution, see SUDOKU, B4

	3				9			
		1	8					6
7		8		5				1
	2				6		5	
6				7				2
	1		4				9	
9				2		5		3
3					5	1		
			3				6	

See SOLUTIONS, B4

Team Hickam History

The Air Force's most historic airfield

February 20, 1950 — Construction starts on the new Hickam Elementary School, which received a low bid of \$323,750.

Robert F. Lee, adjutant general of the Hawaii National Guard, and Maj. Gen. Darryll Wong, Hawaii Air National Guard commander.

February 20, 1978 — A forensic team from the government of Japan arrives on Wake Island to exhume bones of Japanese who died there during the Japanese occupation of World War II. U.S. Ambassador to Japan, Mike Mansfield, requested Air Force support for the team, who collected bones of several hundred skeletons between Feb. 20 and Mar. 7, 1978. The 30-man Japanese team included men who had survived Wake Island, descendants of men who had died at Wake, and university students.



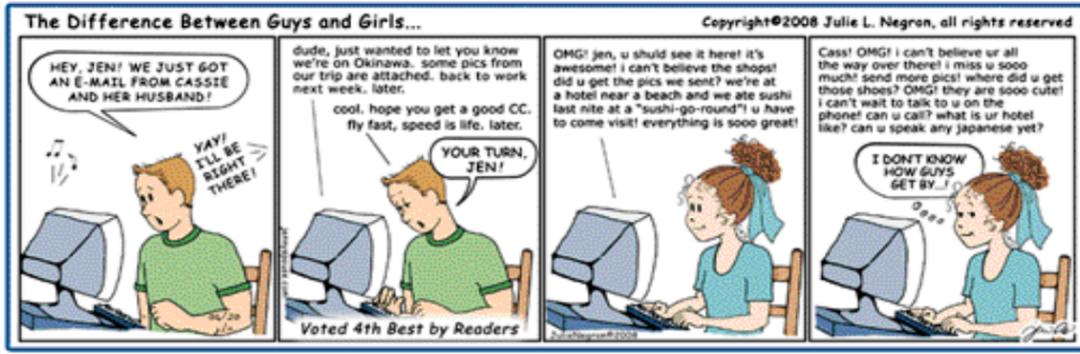
February 24, 1952 — Wheeler AFB is reactivated upon expansion of the Air Force during the Korean Conflict following a period of inactivation and minimum caretaker status since 1949.

February 25, 2002 — From Feb. 22 to 25, 2002, senior leaders from the USAF and Indian AF meet for a conference at PACAF — the first between the Air Forces since the U.S. lifted anti-nuclear sanctions against India in October 2001.

February 21, 2006 — The second C-17 Globemaster III arrives at Hickam, with a celebration hosted by the Hawaii Air National Guard. Welcoming DVs included Maj. Gen.

February 25, 2003 — Headquarters PACAF inspector general conducts an IRRI re-inspection of the 15 AW due to a less than "Satisfactory" rating in mobility during the August 2002 IRRI.

Best of Jenny



SOLUTIONS, From B3



SUDOKU, From B3

4	3	6	2	1	9	8	7	5
2	5	1	8	4	7	9	3	6
7	9	8	6	5	3	4	2	1
8	2	3	1	9	6	7	5	4
6	4	9	5	7	8	3	1	2
5	1	7	4	3	2	6	9	8
9	6	4	7	2	1	5	8	3
3	8	2	9	6	5	1	4	7
1	7	5	3	8	4	2	6	9

RELIGIOUS OPPORTUNITIES

For more information on Base Chapel services, call the Chapel Center at 449-1754.

CATHOLIC

Nelles Chapel
Weekday Mass
Mon.-Thu.,
11:30 a.m.
Saturday Confessions
4:15 p.m.
Saturday Vigil Mass
5 p.m.
Chapel Center
Sunday Mass 10:30 a.m.

PROTESTANT

Chapel Center
Sunday
Contemporary Service
8:30 a.m.
Nelles Chapel
Traditional/Liturgical
Service 8:30 a.m.
Gospel Service
10:30 a.m.

RELIGIOUS EDUCATION

(Catholic) Chapel Center
Sunday (Sep-May) 9:00 a.m.
(Protestant) Chapel Center
Sunday (Sep-May) AWANA
3:00 p.m.
Wednesday Sunday School
Dinner 4:45 p.m.
Wednesday Sunday School
Classes 6:00 p.m.

THE GATHERING PLACE

Airmen's Dorm Coffeehouse
King Hall First Floor
Dayroom - Bldg. 1856 - All
Airmen welcome!
Mon.-Thu. 6-10 p.m.
Fri.-Sat. 6-11 p.m.
Free gourmet espresso, cappuccinos, Italian sodas
Video games, internet,

movies and more
To Volunteer, call the
Hickam Chapel Center at
449-1754

OTHER RELIGIOUS OPPORTUNITIES

Buddhist, call 536-7044
Jewish, call 473-3970
Mormon, call 488-2434
Muslim, call 947-0050

AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Friday, 6 p.m.; Thursday, 7p.m.

'The Curious Case of Benjamin Button' — "I was born under unusual circumstances." And so begins "The Curious Case of Benjamin Button," adapted from the 1920s story by F. Scott Fitzgerald about a man who is born in his eighties and ages backwards: a man, like any of us, who is unable to stop time. We follow his story, set in New Orleans from the end of World War I in 1918, into the 21st century, following his journey that is as unusual as any man's life can be.

Starring Brad Pitt and Cate Blanchett.

Rated PG-13 for war violence, sexual content, language and smoking. Length: 167 min.



'Not Easily Broken' — Dave's dreams of major league baseball success were dashed by an injury in college, leading him to a steady but unfulfilling career as the head of a small construction firm. Clarice is basking in the glow of real estate stardom, creating a life that revolves around her rise to the top. They face a total disruption in their lives when a car crash seriously injures Clarice. Help comes in the form of kind-hearted physical therapist and single mom Julie Sawyer, whose son Bryson is coached by Dave.

Starring Morris Chestnut and Taraji P. Henson.

Rated PG-13 for sexual references and thematic elements. Length: 99 min.

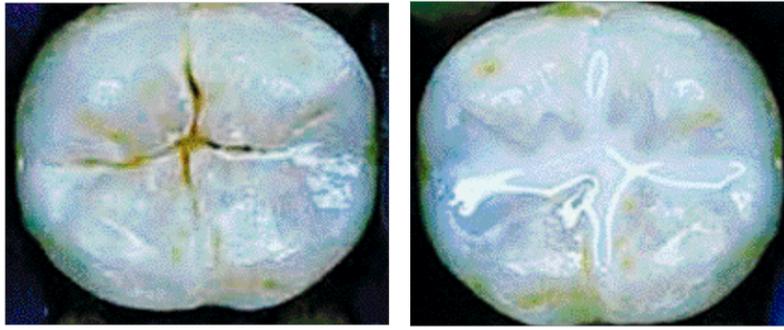


Using sealants to fight against tooth decay in children's teeth

By SrA Daniel Galacgac
Dental Technician, 15th
Aeromedical-Dental
Squadron

As children grow older their permanent teeth begin to erupt into the mouth replacing baby teeth. Often these newly erupted teeth have deep grooves that are part of normal tooth anatomy but sometimes contribute to tooth decay by trapping food and germs on the chewing surfaces of their teeth.

Teeth with deep grooves are susceptible to decay because plaque settles in the grooves and cannot be removed by toothbrush bristles. To help prevent decay from forming in these teeth, it is best to place sealants on them as soon as



Left, a molar is displaying deep grooves. Right, a molar with a sealant.

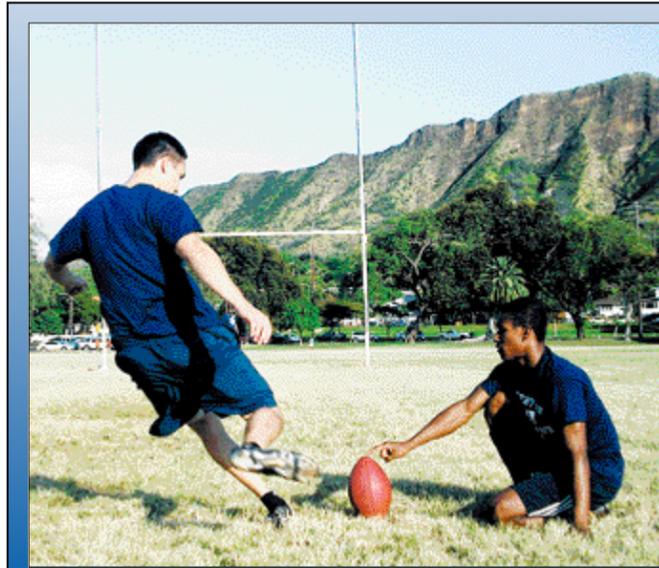
Courtesy photos

possible. Sealants are thin, plastic coatings painted on the chewing surfaces of teeth. Getting sealants put on is a simple and painless process. Sealants are painted on as a

liquid and quickly harden to form a shield over the tooth. Having sealants put on teeth before they decay will also save time and money in the long run by avoiding fillings

and crowns used to fix decayed teeth.

February is National Children's Dental Health Month.



Kick it!

With Oahu's Diamond Head as the backdrop, 1st Lt. Mike Maynard prepares to make one of his nine field goals Feb. 7 during the NFL Military Challenge in Hawaii. Lieutenant Maynard garnered second place in the competition, helping the Air Force win the NFL Military Challenge for the fourth consecutive year. Senior Airman Winston Jackson, who helped the Air Force capture first place in three other competitions, was the holder.

U.S. Air Force photo by Mark Munsey

FITNESSTIPS

Exercise: Hamstring curls

Muscle group: Hamstrings (back of the leg)



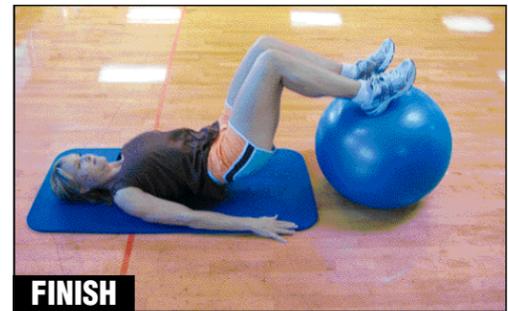
START

Begin by placing the heels on the center of the ball. Keep both legs straight and knees partially flexed.

Place hands on the floor and maintain neutral alignment of the spine.

Slowly flex the hamstrings and pull the ball toward the buttocks while forming a 90-degree bent on the knees.

Pause for two counts, then return to starting position. Repeat 10 to 12 times for each set.



FINISH

Model: Lana Torell, certified massage therapist

Photos and instructions by Benny Miguel, Hickam Fitness Center fitness director