

Inside



■ Movies this week: 'Max Payne' (above), 'The Express' and 'The Secret Life of Bees' **B4**

Education

Force Development Flight closure notice — The Force Development Flight (Education Office, Base Training and Military Testing) will be closed today for the wing Family Day. POC is Force Development Flight at 15mss.dpe@hickam.af.mil.

09E8 WAPS testing notice — 09E8 WAPS testing will be conducted Dec. 1-12 at 7:30 a.m. and 1:30 p.m. in Hangar 2, Rm. 278. Show times are 7:15 a.m. and 1:15 p.m. Door closes precisely at 7:30 a.m. and 1:30 p.m. Be advised: No electronic equipment (phones, PDAs, electronic watches, etc.) are permitted in the testing room. Examinees must be in military uniform of the day and have a valid Military ID card in their possession to be tested. For more information, contact D.S. Myers at david.myers@hickam.af.mil.

Spouse Tuition Assistance Program (STAP) — Spouses of active-duty Air Force members may be eligible for STAP funds to go to college. Applications will be accepted from Nov. 17 through Dec. 8 for classes with a term start date of January, February or March 2009. Applications are available in Rm. 103 of Hangar 2 or online at www2.hickam.af.mil/units/15mssaaftr/index.asp under Air Force Aid Society. For more information, contact the Force Development Flight at 15mss.dpe@hickam.af.mil.

POST 9/11 MGIB update — The new Post 9/11 GI Bill (Ch. 33) will be implemented Aug. 1, 2009. Current information and frequently asked questions can be obtained from the VA Web site at www.gibill.va.gov. The Post 9/11 GI Bill final guidelines will probably be out late summer '09. Local POC is the Force Development Flight at 15mss.dpe@hickam.af.mil.

New AWC testing dates — In addition to the Thursdays at 1 p.m. test option, Force Development Flight has added an additional weekly test date on Mondays at 8 a.m. This is to accommodate personnel needing to take the AWC 16th edition short answer test or the online tests for AWC 17th edition. To schedule testing, email 15MSS.DPE@hickam.af.mil and provide your name, SSN (at least last four digits), PME type and requested test date.

DOD's 'That Guy' campaign targets irresponsible drinking

Learn how to recognize — and avoid becoming — 'That Guy' or 'That Girl'

By Hickam Kukini staff

In recognition of December as Air Force Responsible Drinking Month, Hickam will play host to a 'That Guy' party on Tuesday, Dec. 9, from 3:30 to 6 p.m. at the Gathering Place, adjacent to King Hall.

The event, for Airman E1-E4, will feature free food and (yes, non-alcoholic) beverages, a live band, games and prize giveaways, according to Marisela Doyle, DOD Enforcing Underage Drinking Laws program coordinator. The party's theme, she noted, centers around a certain someone we've all met at one point or another.

"Have you ever been around 'That Guy' who thinks he's funny, can sing, dance or get any girl he wants when he's drunk? We all have," she said. "And we've all probably met 'That Girl' who considers herself the life of the party, too."

Ms. Doyle pointed out that the term 'That Guy' applies to anyone who, as a result of excessive drinking, behaves in a manner that others do not want to emulate or be around.

"They can be seen on display somewhere pretty much every night," she said, "but they make their most frequent appearances on the weekends."

As Ms. Doyle explained, 'That Guy' comes in eight varieties.

"'That Guy' can be 'The Risky Guy,' 'The Player Guy,' 'The Downer Guy' or 'The Comedian Guy,'" she said. "Or maybe he's 'The Angry Guy'

or 'The Dancing Guy' ... 'The Party Guy' or even 'The Drama Queen' — and that one's not necessarily restricted to women!"

At the party, Airmen will have the opportunity to act out any of the preceding for the benefit of their peers.

"We're going to have a videographer on hand to document Airmen talking about what it's like to have to deal with 'That Guy,'" she Ms. Doyle. "And you might end up on the campaign Web site — just don't come in uniform if you want to be taped."

Ms. Doyle offered four steps Airman can use to avoid becoming 'That Guy' ... or 'That Girl.'

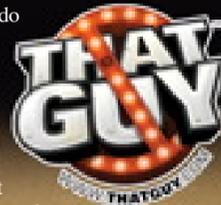
"Step one? Use common sense and follow the law," she said. "That means no underage drinking and absolutely no driving if you drink."

Other steps include avoiding alcohol use as an excuse for poor behavior and taking responsibility for yourself; being a good wingman to those you're with; and remembering that — regardless of whether you're in uniform or not — you're still Airmen and you still represent the U.S. Air Force

That point to remember is, noted Ms. Doyle, is that when we see 'That Guy' in action — or witness the consequences of those actions — he or she reminds us not to be 'That Guy.'

"If we become 'That Guy' on occasion, chances are we'll regret it the morning after," she said. "If we're 'That Guy' all the time, no question about it — we need help. The truth is, no one wants to be around 'That Guy.'"

For more information on the 'That Guy' program, log on to www.ThatGuy.com or call Amy Gray Robitschek at 448-6717.



Senior Airman Daniel Gamboa, an executive communications support technician with the 15th Communications Squadron, joined the Air Force for the travel and education opportunities.

It didn't take him long to realize his career would offer many additional rewards.

The three-year Air Force veteran says he loves his job, and he has gained a tremendous amount of self-confidence in his life. He also deeply appreciates the role of serving his country.

"I now walk tall with my head high knowing that I am doing something positive for my country and making a difference in the world," said Airman Gamboa. "I like meeting new people and dealing with the challenges I try to overcome each day. I love my job!"

Airman Gamboa's love of his job and hard work don't go unnoticed.

"Airman Gamboa interacts directly with colonels and general officers on a daily basis to ensure their communications requirements are met or exceeded," said Lt. Col. Douglas J. Mellars, 15 CS

WARRIOR of the week



commander. "It requires more than technical skill to do that type of work, and he excels."

He's not trying to make national policy, but Airman Gamboa said if he was the boss for the day, there is one thing about the Air Force he would like to change.

"People should be assigned to positions of management based on skill and experience, not just rank," said Airman Gamboa. "There are lots of people who are forced into positions they may not feel comfortable in."

The camaraderie in the 15 CS is something that continually impresses Airman Gamboa. No matter where he goes next, he hopes to find the same type of work environment as he has here. Once his tour here is over, he hopes to get an assignment to Europe. He said he would like to learn about the European culture and history he has only read about in books

Photo by Lt. Jason Smith

Senior Airman Daniel Gamboa says he takes great pride in knowing he is doing something positive for his country and is making a difference in the world.



Photo by Jackie Hites

Mrs. Tuck spreads the word

On Tuesday, Susie Tuck, wife of Col. Giovanni Tuck, 15th Airlift Wing commander, helped distribute copies of 'A Student's Dictionary' to Nimitz Elementary School 3rd graders. The dictionaries were given out as part of an annual Pearl Harbor Rotary Club program to improve reading ability and spark an interest in learning. "The dictionaries are an excellent educational tool and resource, and the kids were very excited about them," said Mrs. Tuck. "They commented that they couldn't wait until they got to home to tell their parents about it and show it off."

Inside SERVICES

Post-holiday Aerobathon & Spinathon set for today

Free yourself from the guilt of enjoying your Thanksgiving celebration by entering the Fitness Center's Calorie Burn-off Aerobathon & Spinathon, today from 8 to 11 a.m. Just spin the stuffing away! This event is free to all ID cardholders — no sign-ups required, just show up and get to work. For more information, call the Fitness & Sports Center at 488-2214.

Sign up now to discover exciting Vietnam with ITT

Vietnam, a land of famous for its beauty blended with imperial French architecture, is the destination of Hickam ITT on March 7, 2009. You'll learn about the Vietnamese culture as you travel to Ho Chi Minh City (formerly Saigon) and China Beach, Danang, or take a boat ride on the famous Mekong River that winds its way to the capital city of Hanoi. Start planning now for this fabulous spring international tour. For more information, call ITT at 448-2295.

Training gets personal at the Fitness Center

The Hickam Fitness & Sports Center features personal training that can help you get in shape for life. A certified fitness professional will work one-on-one to help you achieve and exceed your fitness goals. A customized exercise program will be designed just for you. You'll also receive basic nutri-

tion information to enhance the program and round out your healthy new lifestyle. For more information or to sign up, call 448-2214.

Drop those pins and win a Christmas ham

Drop those pins and win a Holiday Ham Roll. From Dec. 1 to 19, you can bowl for a lovely Christmas Ham at the Hickam Bowling Center. The Ham Bowl will be conducted daily, Monday through Friday from 10 a.m. to 4 p.m., with four hams to be given away on Dec. 23. Bowlers will receive one entry per game and an extra entry for a three-game set. Only one ham per family in the giveaway. The contest is open to all military, dependents (10 yrs and older), retirees, NAF, DoD and FAA personnel.

Complete your Services Customer Feedback Survey

The annual Air Force Customer Feedback Survey will be conducted from Dec. 1, 2008, to Jan. 15, 2009. You can take the survey online at www.usafservue.com anytime during the survey time frame. Paper copies of the survey will also be made available at 15th Services Squadron facilities.

HICKAM AFB
SERVICES
Combat Support & Community Service

Your response is very important and will help us improve our service to you.

Holiday piano recital set for next Saturday

The Piano Lady welcomes base personnel to the annual Holiday Piano Recital next Saturday, Dec. 6, starting at 4 p.m. at the Makai Recreation Center. Come listen to the melodies of Hickam's brightest young piano players. For more information, call 449-3354.

Airman's dining facility set to open in two weeks

The grand re-opening of the Hale Aina Dining Facility will take place on Friday, December 12 at 10:15 a.m. The newly renovated facility will be open for tours and to serve meals to Hickam's Airmen. You are invited to participate in the traditional Hawaiian blessing of the building and the Maile Lei Untying. For more information, call 449-1666.

December means bottom fishing in Hickam Harbor

Hickam Outdoor Recreation features its regular Bottom Fishing trip, next Saturday, Dec. 6. The fun starts at 8:30 a.m., at which time you'll board the boat for a short trip to the hot spot of bottom fishing. Equipment, guide and transportation provided. For more information or to sign up, call ODR at 449-5215.

Mixed couples golf event tees off next weekend

Mamala Bay Golf Course presents the Mixed Couples Golf Tournament next Sunday, Dec. 7. Enjoy this historic day with a challenging game of golf. Couples need to sign up by calling 449-2300 or by stopping by the Pro Shop.

Enjoy a Trolley Tour & Art Walk next Friday

The Hickam Arts & Crafts Center invites you to take an 'Artsy Walk' into downtown Honolulu's Chinatown next Friday where you will dive deep into Oahu's vibrant art scene. Art galleries open their doors on this special night with exhibits, free entertainment and light refreshments. Ride with us in the Services Holo Holo Trolley for a hassle-free evening of fun and art. You'll get an extra bonus drive through downtown to see the city's Holiday Lights Spectacular. The event starts at 5:30 p.m. For more information or to sign up, call the center at 448-9907.

Check out the Christmas lights aboard Services' Holo Holo Trolley

Hickam ITT's Honolulu City Lights Tour will run from Monday, Dec. 8, through Tuesday, Dec. 23, so all aboard the Holo Holo Trolley for a great, hassle-free family event. The Trolley takes you from Hickam to downtown Honolulu to tour the beautiful Christmas light displays, Hawaii-style! This year's holiday lights display promises to be the best ever, so don't wait to make a reservation by calling ITT at 448-2295.



Take our survey today -
and help us improve
tomorrow!

Give us your
feedback Dec. 1
to Jan. 15 at



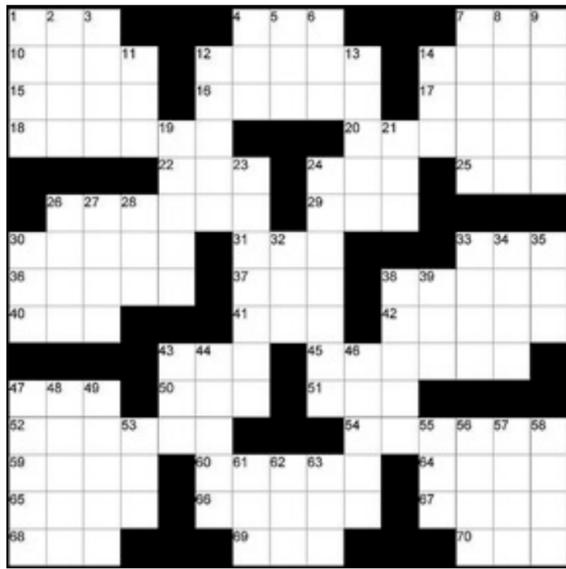
USAF BOM 07-073

www.usafservue.com

It's the Annual Air Force
Customer Feedback Survey.
Do it online or at 15th Services facilities.

HICKAM AFB
SERVICES
Combat Support & Community Service

Crossword Puzzle: Welcome to Japan



By Capt. Tony Wickman
71st Flying Training Wing

ACROSS

1. Network protocol used to transfer data from one CPU to another
4. Lunch menu item
7. Greek letter
10. Russian mountain
12. MAJCOM Japan bases are assigned
14. Jam
15. Current USFJ/13 DOWN commander
16. Line segments joining a circle's center with any circumference point
17. Column
18. Japan base home to 374 AW
20. F-16 Fighting ____; jet assigned to 35 FW in Japan
22. ____ Jima; Japanese island
24. Pig's pen
25. Plus
26. Japanese base home to

18. WG
29. Article
30. Penny pincher
31. Also
33. Baseball stat
36. Small particles
37. Quiet
38. The Wright ____; first military airplane
40. Japanese currency
41. Epoch
42. F-15; jet assigned to 18 WG in Japan
43. Round, edible seed of a widely cultivated legume
45. MC-130P ____ Shadow; plane assigned to 18 WG in Japan
47. Car club
50. Everything
51. Drone
52. Japan base home to 35 FW
54. Col John F. ____ III; current 374 AW commander
59. Make corrections
60. Agenda

64. What you say when you get it
65. Place to sit
66. Wear away
67. Shakespeare villain
68. Mil. ID
69. Tokyo, formerly
70. Part of DoD

DOWN

1. Operation Urgent ____; Grenada op
2. Group of three persons or things
3. Fill up
4. Sheep sound
5. TV model, perhaps
6. ____ Chi; Chinese martial arts
7. ____ Kane; Susan Lucci on All My Children
8. MC-130 Combat ____; plane assigned to 18 WG
9. Correct
11. Zodiac sign
12. Giant shrimp
13. NAF covering Japan bases
14. North of the Border sporting org.
19. Rows
21. Affirmative
23. Breakfast food
24. Abdomen
26. Actress Hudson
27. Cosmetics outlet
28. Rep opponent
30. Orate
32. ____ House
33. Latvian capital
34. Waist band
35. Anger
38. ____ fatale
39. Scientist's workplace
43. Animal's hand
44. Excite

SUDOKU

For solution, see SUDOKU, B4

		2	5					
			4			1	5	6
	6		1		7	3		
4					6			3
				9				
7			2					8
		8	7		3		4	
6	7	5			1			
					8	7		

See SOLUTIONS, B4

Team Hickam History

The Air Force's most historic airfield

December 1, 1915 — Horace Hickam returns to the United States to serve in the 7th Cavalry under the command of Gen. John J. Pershing. He had previously been assigned to the 8th Cavalry in the Philippines.

December 1, 1941 — By December 1941, the Hawaiian Air Force had been an integrated command for slightly more than one year and consisted of 754 officers and 6,706 enlisted men, with 233 aircraft assigned at its three primary bases (Hickam, Wheeler, and Bellows).

November 28, 1980 — The American flag that flew over Hickam during the Dec. 7, 1941 Japanese attack is returned to Hickam from the Air Force Academy. In a special ceremony supported by the Air Force Academy Band, Lt. Gen. James D. Hughes (CINCPACAF) received the flag from Lt. Gen. Kenneth Tallman (Command-

ant of the Air Force Academy).

December 2, 1988 — The 15 ABW supports the STS-27 flight of the space shuttle that launched from Cape Canaveral, Florida, on a classified military mission, which terminated on Dec. 7 with a safe landing at Edwards AFB.



November 29, 1993 — The 15th Air Base Wing receives an Air Force Outstanding Unit Award for exceptional service from 1 July 1991 to 30 June 1993 (SO GB-036 dated 29 November 1993). This was the Wing's sixth AFOUA.

November 29, 2000 — Under 15 ABW management, Johnston Atoll's U. S. Army Chemical Demilitarization program reaches an important and historic milestone as the last of the chemical munitions on Johnston Atoll were destroyed.

SOLUTIONS, From B3



SUDOKU, From B3

1	3	2	5	6	9	4	8	7
9	8	7	4	3	2	1	5	6
5	6	4	1	8	7	3	2	9
4	2	9	8	7	6	5	1	3
8	1	6	3	9	5	2	7	4
7	5	3	2	1	4	9	6	8
2	9	8	7	5	3	6	4	1
6	7	5	9	4	1	8	3	2
3	4	1	6	2	8	7	9	5



Jenny

RELIGIOUS OPPORTUNITIES

For more information on Base Chapel services, call the Chapel Center at 449-1754.

CATHOLIC
Nelles Chapel
Weekday Mass
Mon.-Thu.,
11:30 a.m.
Saturday Confessions
4:15 p.m.
Saturday Vigil Mass
5 p.m.
Chapel Center
Sunday Mass 10:30 a.m.

PROTESTANT
Chapel Center
Sunday
Contemporary Service
8:30 a.m.
Nelles Chapel
Traditional/Liturgical
Service 8:30 a.m.
Gospel Service
10:30 a.m.

RELIGIOUS EDUCATION
(Catholic) Chapel Center
Sunday (Sep-May) 9:00 a.m.
(Protestant) Chapel Center
Sunday (Sep-May) AWANA
3:00 p.m.
Wednesday Sunday School
Dinner 4:45 p.m.
Wednesday Sunday School
Classes 6:00 p.m.

THE GATHERING PLACE
Airmen's Dorm Coffeehouse
King Hall First Floor
Dayroom - Bldg. 1856 - All
Airmen welcome!
Mon.-Thu. 6-10 p.m.
Fri.-Sat. 6-11 p.m.
Free gourmet espresso, cappuccinos, Italian sodas
Video games, internet,

movies and more
To Volunteer, call the
Hickam Chapel Center at
449-1754

OTHER RELIGIOUS OPPORTUNITIES

Jewish
Buddhist
Orthodox
Islamic

AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Friday, 6 p.m.; Thursday, 7 p.m.

'Max Payne' — When his family and partner are brutally murdered, maverick cop Max Payne leaves no stone unturned in his quest to track down those responsible. Hell-bent on revenge, his obsessive investigation takes him on a nightmare journey into a dark underworld. As the mystery deepens, Max is forced to battle enemies beyond the natural world and face an unthinkable betrayal. Based on the interactive video game. Starring Mark Wahlberg and Mila Kunis.



Rated PG-13 for intense violence including, drug content, sexuality and strong language. Length: 99 min.

Friday, 8:30 p.m.; Saturday and Wednesday, 7 p.m.

'The Express' — Raised in poverty, Ernie Davis overcame social and economic obstacles to become one of the greatest running backs in college football history. As the growing civil rights movement divided the country in the '60s, Davis became a symbol for achievement that transcended race. He joined the ranks of black pioneers by teaching a generation tolerance, inspiring a movement that smashed barriers on and off the field and forever changed the face of American sports. Starring Rob Brown and Dennis Quaid.



Rated PG for content, violence, language, and brief sensuality. Length: 130 min.

Sunday, 4 p.m.

'W' — Love him or hate him, there is no question that George W. Bush is one of the most controversial public figures in recent memory. Acclaimed director Oliver Stone's 'W' takes viewers through Bush's eventful life, his struggles and triumphs, and how he found both his wife and his faith, and of course the critical days leading up to his decision to invade Iraq. Starring Josh Brolin and Elizabeth Banks.



Rated PG-13 for language, sexual references, alcohol abuse, smoking and disturbing war images. Length: 129 min..

AAFES serves up holiday weekend feast of deals

DALLAS (AFNS) — Military shoppers looking to dig in to tasty holiday shopping better bring a big appetite to base exchanges or post exchanges the weekend after Thanksgiving as the Army & Air Force Exchange Service is serving up three days of great deals, gift card giveaways and scratch-off cards.

The smorgasbord began as early as 4 a.m. this morning as the first 100 shoppers entering the BX/PX today through Sunday will receive a \$20 gift card.

Those that aren't early risers won't miss out on the feast of savings as scratch off cards will be handed out throughout the day through Sunday from 4 p.m. until closing. Every scratch off ticket will be a winner with prizes including \$100, \$50 and \$25 gift cards, compli-

mentary items at the food court, \$5 restaurant gift cards and more. Additionally, military shoppers can enter to win one of five "Gas for a Year" giveaways.

In addition to the giveaways, AAFES will have deals on clothing, electronics, jewelry and everything in between.

"Although the fourth quarter is looking very challenging for retailers, the BX/PX is going to be ready with great assortments and prices, both in our stores and online," said AAFES' Senior Vice President of Sales Maggie Burgess. "Our team has been preparing these sizzling deals for nearly a half year now. We're excited about the menu of value and excitement we've put together to help make this holiday season truly special for military families."



Photo courtesy of AAFES

Starting today, Army & Air Forces Exchange Service locations are offering up three days of special deals and giveaways to kick off the holiday shopping season.

Authorized customers are encouraged to log onto the store locator link at AAFES.com to verify their

PX or BX's Thanksgiving hours in addition to specifics regarding local specials and drawings.

News Notes

Stress Management Classes (Parts A and B) — These classes will provide creative and useful ways to manage stress. Come and learn basic information and models for designing a personalized stress program. The next classes will meet on Tuesday, Dec. 2 and 9 from 2:30 to 4:30 p.m. at the Mental

Health Flight. For more information or to sign up, call 449-0175.

Brown Bag Holiday Stress Workshop — This short workshop — presented by the Military Life Consultants — will cover topics including stress during the holidays, maintaining balance and stress

resilience. Attendees should bring their own brown bag lunch (dessert and drinks will be provided). The next class will be held Monday, Dec. 8, from noon to 1 p.m. at the Mental Health Flight. For more information or to sign up, call 449-0175.

ADC Office Closure — The Hickam ADC office will

be closed and unavailable next Friday at 3:30 p.m. through Sunday, Dec. 14. For emergencies, call the command post at 448-6900; otherwise, call 449-2149 and leave a message. E-mails may also be sent to afloa.adc@hickam.af.mil. All telephone and e-mail messages will be returned on Monday, Dec. 15.



Exercise: Hip abduction

Muscle Group: Outer thigh and hip

Execution: Stand with feet close together, placing resistance bar on outer

Foot. Start by lifting the bar to the side of the body until you feel maximum contraction to the hip and thigh. Return to starting position and perform 8-12 repetitions or maxing out at 20 repetitions.

Note: Maintain neutral alignment of the spine throughout the movement.



Model: Tech. Sgt. Brandi Thomas

Photo and instructions by Airman 1st Class Katrina Plank, certified personal trainer/Asst. Fitness Program director.