

Inside



■ Movies this week: 'Star Wars: The Clone Wars' and 'Tropic Thunder' (above) **B4**

Education

Officer Training School —

Individuals applying for the Feb 09 non-rated board need to contact Ali Scanlon with the Force Development Flight at 449-6363, ext. 228, or Alisha.scanlon@hickam.af.mil by Oct 17 to set up an appointment for your initial package review. OTS details can be found at <http://afrecruiting.com/RSOC/>.

Education level updates —

Have you completed a college degree? Enlisted Air Force members should have their official college transcript mailed to the Force Development Flight to have their education level updated. Officers' must have their transcripts mailed to AFIT. Check the vMPF to determine if your education level is current. For more information, call 449-6363 or stop by Hangar 2, Rm. 103.

Commissioning briefing —

There will be a commissioning briefing next Friday at 1 p.m. in Hangar 2, Rm. 126. This is the starting point for active-duty enlisted Air Force members interested in becoming a commissioned Air Force officer. For more information or to sign up for the briefing, contact the Force Development Flight via e-mail 15mss.dpe@hickam.af.mil or by calling 449-6363. Plan approximately 1.5 hours for the briefing.

College registration —

Chaminade University, Embry-Riddle Aeronautical University, Honolulu Community College, Hawaii Pacific University, and Wayland Baptist University are continuing to register Airman on Hickam for classes beginning next month. For more information, visit a college representative in Hangar 2 or call Force Development Flight at 449-6363.

Air Force Tuition Assistance (TA) —

Reminders: you can request TA within 45 days of your course start date via the Air Force Virtual Education Center in the AF Portal. A degree plan must be on file (an official degree plan after 12 credits completed) before TA will be approved. Due to the end of the fiscal year (Sep 30), you must request TA for courses starting in Sep 08 and have approval by the end of the fiscal year. Contact the Force Development Flight at 15mss.dpe@hickam.af.mil or stop by Hangar 2, Rm. 103.

News Notes

Bellows Boo Fest —

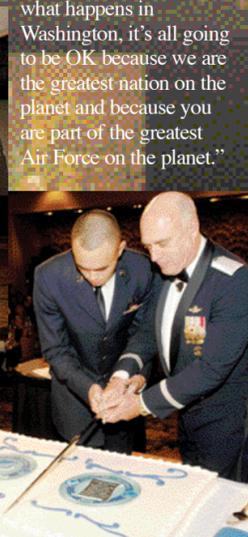
Have a blast being a volunteer at the "10th Annual, Bellows Boo Fest!" — themed "Carnival of Lost Souls" — set for Oct. 24-25. For more information, call Sgt. Mike Dvorak at 259-4204 or Robert Wooderson at 259-4208.

Air Force Ball



Photos by Mark Bates

(From top) Airmen and their dates relax during the early stages of last Friday's Air Force Ball, held at the Hilton Hawaiian Village in Waikiki; General Carrol H. 'Howie' Chandler (left), Pacific Air Forces commander, and his wife, Eva-Marie, join the applause for guest speaker Gen. John P. Jumper (on stage in background photo), former U.S. Air Force chief of staff; the 15th Airlift Wing's Chief Master Sgt. Tom Westermeyer, 15 AW/CCC, and his wife, Diane Col. Giovanni K. Tuck, 15 AW/CC, and his wife, Susie; and Col. Dean Wolford, 15 AW/CV, and his wife, Kathy; Hickam Honor Guard members get the festivities going by posting the colors as PACAF's Band of the Pacific vocalist Staff Sgt. Tamiko Boone (right, on monitor) sings the National Anthem; Airman Basic Timothy Gilson (left), Hickam's youngest Airman, and General Chandler use a ceremonial saber to make the first cut in the 2008 Air Force Ball cake.



By Capt. Renee H. Lee
Pacific Air Force Public Affairs

More than 1,000 Airmen from across the state gathered at the Hilton Hawaiian Village to celebrate the Air Force's 61st birthday at last Friday's Air Force Ball.

Themed "The American Airman: A Legacy of Valor," the black-tie event was hosted by Gen. Carrol H. "Howie" Chandler, commander of Pacific Air Forces, and Mrs. Eva-Marie H. Chandler.

Following a tradition that involves the youngest and the eldest Airmen, General Chandler and Airman Basic Timothy Gilson from the 352nd Network Warfare Squadron used an Honor Guard saber to make the ceremonial first cut of the Air Force Ball cake.

The Air Force Band of the Pacific, Hana Hou, performed two songs. Staff Sgt. Richard Vazquez sang "Already There," and Staff Sgt. Tamika Boone sang "High Flight."

There were several highlights during the evening, according to Capt. Jake Engle, Air Force Ball committee president. To start with, about 100 junior enlisted Airmen had the opportunity to attend the ball, thanks to the sponsorship of the Friends of Hickam, the Hickam Top 3 and the Air Force Sergeants Association. Other highlights included the Legacy of Valor ceremony.

"The ceremony highlighted 13 Airmen from different career fields, ranks and backgrounds, all of whom serve in the Air Force with valor," said the captain. "The goal was to highlight those individuals so the crowd could see themselves up there. It showed what it is to be an American Airman and how they serve with a legacy of valor."

The final highlight was the event's guest speaker, retired Gen. John P. Jumper, the 17th Air Force chief of staff, who spoke about being an Airman in today's Air Force.

"It is a time when the challenges we face are more profound than we have faced for a very, very long time," he said. "We are indeed fortunate to have the finest leadership we could possibly have, and General Howie Chandler to help get us through these turbulent times."

In his conclusion, the general encouraged Airmen to continue working and serving their country despite the challenges the Air Force is going through.

"In all of your frustrations as you deal with your day-to-day life, whatever you're dealing with day in and day out, it's a hundred percent better than anything else you could be doing with your life."

"Be proud of what we do, be proud of the mission that you have ... be proud that you are the reason that it's all going to be OK. No matter what happens on

Wall Street, no matter what happens in Washington, it's all going to be OK because we are the greatest nation on the planet and because you are part of the greatest Air Force on the planet."

By Dr. Philip Breeze
15th Airlift Wing
Public Affairs chief

When the 15th Airlift Wing bids farewell to the 25th Air Support Operations Squadron at the end of this month, Team Hickam will also lose one of its most enthusiastic, combat-proven warriors, this Kukini issue's Warrior of the Week.

"Technical Sergeant Mark Kistler is an out-front leader in the 25 ASOS ... the familiar face I recognize whether directing Close Air Support for an exercise on the Big Island, proffering at an awards or retirement ceremony, or in the front row at the Warrior Run," said Col. Andrew Hockman, 15th Operations Group commander. "He's got his hands on a lot of projects and for a high-energy unit, he's one of those megawatt performers."

Lt. Col. Glenn Panaro, 25 ASOS commander, agrees. "Sergeant Kistler is an outstanding powerhouse in the squadron and the Air Force," he said. "Not only

WARRIOR of the week



Photo by Dr. Philip Breeze

His squadron commander says Tech. Sgt. Mark Kistler, 25th Air Support Operations Squadron joint terminal attack controller, fights the warrior mold 'to a tee.'

is he an exceptional manager and scheduler, he is the benchmark of personal fitness and fits the warrior

mold to a tee. He has members snapping to and following him through the trenches regardless of how

hard or sometimes impossible the obstacles are."

The 25th ASOS is the human link between the Air

Force and the Army ground forces the service is often called upon to support. Sergeant Kistler is a joint terminal attack controller. His job is to deploy with Army ground units and act as Air Force eyes on the ground, talking with inbound pilots to identify targets and distinguish friendly forces when air support is called for.

Growing up in a military family, Sergeant Kistler had no second thoughts about joining the Air Force.

"I realized the sacrifices that were made on a daily basis allowing me to enjoy many freedoms that citizens of other countries do not," he said. "I felt that joining the military is the least I could do to ensure future generations are afforded those same rights."

Although he said his favorite part of the Air Force is getting paid to drop bombs on terrorists, Sergeant Kistler also enjoys the camaraderie of the people he works with.

"You can see the fruits of your labor," he said. "You spend time training, and then

See WARRIOR, B5

Inside SERVICES

Attractive 10 4 U program kicks off Wednesday

The 15th Services Squadron introduces the new 10 4 U program on Wednesday with 10-percent savings on products and services at most 15th Services facilities when you show your AF Club Card. The new program is designed to reward club membership and encourage personnel to join the club. Sign up today at either the Hickam Officers or Enlisted clubs and get six months free dues along with a chance to win instant cash!

Enjoy Champagne Sunday Brunch at the O' Club

The Hickam Officers Club island-renowned Champagne Sunday Brunch is held every Sunday from 10 a.m. to 1 p.m., and offers such delectable breakfast and lunch specialties such as omelets, Belgian waffles, carved beef, honey ham, roasted lamb, seafood salads and scrumptious desserts. Reservations are required; call 448-4608 to reserve your place.

Score an active-duty deal at the Bowling Center

Military personnel in uniform get three free games of bowling when buying lunch (Value of \$5 or more) anytime Monday through Friday at the Hickam Bowling Center. It may not count as PT but it's a great way to enjoy lunch! Not active duty? Not a problem. Tuesdays are your days from 10 a.m. to 1:30 p.m. and you get the same deal!

'M.A.S.H. Bash' hits the Officers Club next Friday

Next Friday's Warrior Friday at the Officers Club is co-hosted by the 15th Medical Group, which has set its theme as 'The M.A.S.H. Bash.' The famous lanai will be transformed into a Korean War M.A.S.H. set complete with tents, stretchers, operating table and more. Games include M.A.S.H. Trivia, the Operation Game and a Korean Food Eating contest. Join in the food, camaraderie and fun and it all starts at 4:30 p.m.

Achtung! Enjoy OKTOBERfest at ze E' Club next Friday

Join in the fun and festivities of Oktoberfest at the Hickam Enlisted Club next Friday from 4:30 to 7:30 p.m. The fest features traditional German fare, beer sampling and dancing provided by a live German band which will also play some traditional German dances. For more information, call 448-2271.

Outdoor Rec offers banana boat rides next Saturday

If you like bananas and boats, then Hickam Outdoor Recreation has just the combination for you. On Saturday, Oct. 4, the ODR team offers

exciting banana boat rides out at Hickam Harbor. Call the Harbor at 449-5215 for complete details.

Pool #1 hours extended for lap swimmers

No time for the daily swim? Come join us at Hickam Outdoor Recreation Pool #1 for after hours lap swimming. The operating hours have been extended so what are you waiting for? Join us tonight. Hours are 6-8 a.m., 10 a.m.-2 p.m. and now 6-8 p.m., too, Monday through Friday. For more information, call 449-8274.

Get it together with scrapbooking at the Arts & Crafts Center

The Hickam Arts & Crafts Center is adding a second night of Scrapbook Crop Night to its active schedule due to popular demand. You can now 'scrap' on the first Saturday of each month as well as the regular meeting on the third Friday. Scrappers are invited to join the fun, food and chances to win prizes. Arts & Crafts has also added two new computers for digital scrapbooking with a scanner and printer for 12" x 12" size photo pages! For more information, call 448-9907.

'Bonfire of the Vanities' exhibit at the library

The Hickam Library is hosting an exhibit titled 'Bonfire of the Vanities' from 10 a.m.

to 6 p.m., Oct. 1-15. This is an outstanding time to explore the exhibit as well as your library. For more information, call 449-8299.

Club membership drive continues through Oct. 15

The Annual Air Force Club Member Drive continues through Oct. 15 with outstanding benefits for those joining the Club. First off is an Instant Win Cash Scratch-Off Card. You could win up to \$100 instantly or six months' free dues. New members will also be entered into a drawing for one of 12 \$1,000 cash prizes. For a complete listing of Club benefits, pick up an application at the Officers or Enlisted clubs.

Wood Hobby Shop helps Airmen create works of art

The Hickam Wood Hobby Shop does more than cut wood. Its skilled craftsmen are on site to create one-of-a-kind exquisite wood pieces. Classes are available at the shop on Vickers Avenue in Bldg. 1029. For more information, call 448-9911.

Visit New Zealand ... Land of the Long, White Cloud

Hickam ITT wants you to explore the natural splendor of New Zealand Nov. 7-17. There's still time to book this once-in-a-lifetime tour to the friendly island nation of the South Pacific with its wide-ranging scenery, beautiful towns, sub-tropical rain forests and breathtaking fjords. Tour package includes roundtrip airfare, hotel accommodations, airport and hotel transfers and tour escort. Call Information, Tickets & Travel today to reserve your place.

HICKAM AFB
SERVICES
Combat Support & Community Service

104!

Got card?

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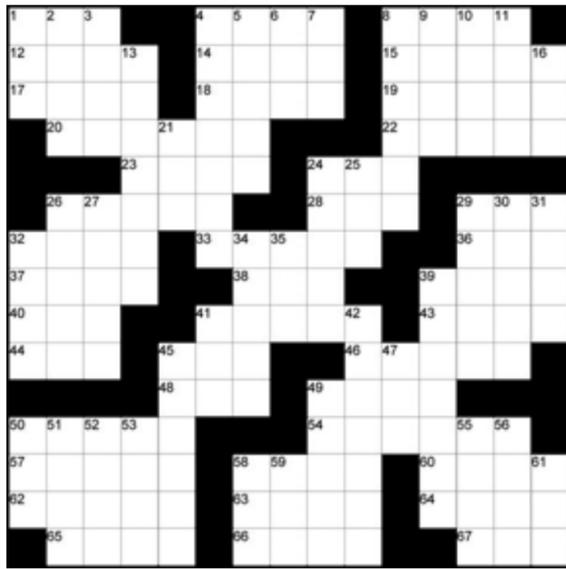
at

- Bowling Center
- Golf courses
- Outdoor Recreation
- Makai Rec Center
- Arts & Crafts Center
- Rec Equipment Issue
- Vet Clinic
- Sand Bar & Grill
- Fitness & Sports

Promotion starts
October 1, 2008



Crossword Puzzle: Celebrating Hispanic Heritage



By Capt. Tony Wickman
71st Flying Training Wing

ACROSS

- 1. Delirious
- 4. ___ Buy Me Love
- 8. America's ___ Wanted
- 12. Oil cartel
- 14. Away from the wind
- 15. Visible
- 17. Site of a leaning tower
- 18. Make an election decision
- 19. Oscar winner Zellweger
- 20. Title for USAF member
- 22. Terminated
- 23. Leak
- 24. Adult male
- 26. Brooch
- 28. Overseas mil. Address starter
- 29. U.S. retail pharmacy chain
- 32. Commanded
- 33. Strike down
- 36. Have pain

- 37. Dry
- 38. Bullring cheer
- 39. Civil right org.
- 40. Company head, in brief
- 41. Miriam ___; famous Puerto Rican actress
- 43. Saga
- 44. Billboards
- 45. Auto
- 46. Severo ___; Hispanic-American Nobel prize winning physician
- 48. Map road, in brief
- 49. Assert
- 50. Words spoken so as not to be heard by others present
- 54. Watch out
- 57. Capt Euripides ___; Hispanic-American Medal of Honor recipient
- 58. Skin or rind of certain fruits and vegetables
- 60. John ___; first-ever Hispanic heavyweight champion
- 62. Pilot program
- 63. Exam type
- 64. Wear down

- 65. ___ quam videri; N.C. motto
- 66. Brief recording illustrating the abilities of a musician
- 67. Actor Beatty

DOWN

- 1. Swab the deck
- 2. Capital of Western Samoa
- 3. Cuban-American TV icon Arnaz
- 4. Richard E. ___; U.S. Army's first Hispanic four-star general
- 5. Isolated
- 6. NJ player
- 7. Golf prop
- 8. Oscar winning Puerto Rican actress, dancer, singer Rita
- 9. Kitchen appliance
- 10. Transmit
- 11. Elm or oak
- 13. Bounced
- 16. Mass. Senator Kennedy
- 21. Homer's bartender
- 24. Fernando ___; Mexican-American who created "Toys for Guns" program in L.A.
- 25. Mock
- 26. Had thoughts or regard for another
- 27. Goodbye in the barrio
- 29. Chocolate source
- 30. Mexican icon Pancho
- 31. Turn on an axis; rotate
- 32. Spec4 John ___; Hispanic-American Medal of Honor recipient
- 34. James Bond portrayal
- 35. Sick
- 39. From side to side; crosswise
- 41. Feline
- 42. Antonia Coello ___; first Hispanic-American female U.S. Surgeon General
- 45. West Indies or Spanish

- America person
- 47. Milk producer
- 49. At right angles to the fore-and-aft line
- 50. Pop or deco
- 51. Convinced
- 52. Large wading bird
- 53. PFC Ralph ___; Hispanic-American Medal of Honor recipient
- 55. Derail
- 56. Ireland, formerly
- 58. School of marine mammals
- 59. Before, poetically
- 61. 26th letter of the Roman alphabet

See SOLUTIONS, B4

SUDOKU

For solution, see SUDOKU, B4

	1			9		3		8
			3		4	7		
	3			7			5	
1							2	
6			7	4	3			5
		7						3
	9			6			3	
		8	4		1			
2		6		3				4

Team Hickam History

The Air Force's most historic airfield

October 1, 1964 — The PACAF Honor Guard is authorized, with responsibility for honor ceremonies, drill team, HQ PACAF entrance guard, and other special duties. The 6486th Air Police Squadron was authorized 36 additional airman authorizations to fulfill this responsibility.

October 1, 1970 — 15th Tactical Fighter Wing is inactivated at MacDill AFB, Florida. Along with the wing, the 15th Combat Support Group, 15th Civil Engineering Squadron, 15th Security Forces Squadron, and 15th Services Squadron inactivated there, as well.

September 29, 1980 — Hickam AFB holds a semi-official dedication of the memorial plaque dedicated to the memory of the men of the 31st Bombardment Squadron who died in the defense of their country in World War II. Maj. Gen. Hoyt S. Vandenberg, Jr., officiated. The official dedication was held on Dec. 7, 1981 when members of the association gathered for an official meeting in Hawaii on the 40th anniversary of that fateful attack.

October 1, 1983 — Military family housing

management on Oahu is consolidated under the Army; concurrently a Housing Liaison Office is established within the 15 ABW to serve as the intermediary between the Hickam Base commander and the Army's Area Housing Office.



October 1, 1984 — The Hickam Family Support Center officially begins its operation, becoming the newest Family Support Center in the USAF. The FSC held its grand opening in Bldg. 1105 on Nov. 1; 12 days later, the FSC became a separate staff activity, moving out of the personnel area and reporting directly to the wing commander.

September 26, 2003 — The 15th Airlift Wing and the Hawaii Air National Guard hold a conference and a deployment exercise on the capabilities of an integrated deployment process.

October 1, 2003 — The Joint POW/MIA Accounting Command is activated through the merger of the U.S. Army Central Identification Laboratory and the Joint Task Force-Full Accounting, both of which were already at Hickam.



Jenny

SOLUTIONS, From B3



SUDOKU, From B3

7	1	4	6	9	5	3	2	8
8	6	5	3	2	4	7	1	9
9	3	2	1	7	8	6	5	4
1	4	3	5	8	9	2	7	6
6	2	9	7	4	3	1	8	5
5	8	7	2	1	6	4	9	3
4	9	1	8	6	2	5	3	7
3	7	8	4	5	1	9	6	2
2	5	6	9	3	7	8	4	1

RELIGIOUS OPPORTUNITIES

For more information, call the Chapel Center at 449-1754.

CATHOLIC
Nelles Chapel
Weekday Mass
Mon.-Thu.,
11:30 a.m.
Saturday Confessions
4:15 p.m.
Saturday Vigil Mass
5 p.m.
Chapel Center
Sunday Mass 10:30 a.m.

PROTESTANT
Chapel Center
Sunday
Contemporary Service
8:30 a.m.
Nelles Chapel
Traditional/Liturgical
Service 8:30 a.m.
Gospel Service
10:30 a.m.

RELIGIOUS EDUCATION
(Catholic) Chapel Center
Sunday (Sep-May) 9:00 a.m.
(Protestant) Chapel Center
Sunday (Sep-May) AWANA
3:00 p.m.
Wednesday Sunday School
Dinner 4:45 p.m.
Wednesday Sunday School
Classes 6:00 p.m.

THE GATHERING PLACE
Airmen's Dorm Coffeehouse
King Hall First Floor
Dayroom - Bldg. 1856 - All
Airmen welcome!
Mon.-Thu. 6-10 p.m.
Fri.-Sat. 6-11 p.m.
Free gourmet espresso, cappuccinos, Italian sodas
Video games, Internet,

movies and more
To Volunteer, call the
Hickam Chapel Center
at 449-1754

OTHER RELIGIOUS OPPORTUNITIES
Jewish
Buddhist
Orthodox
Islamic

AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Friday, 6 p.m.; Saturday and Wednesday, 7 p.m.

'Star Wars: The Clone Wars' — On the front lines of an intergalactic struggle between good and evil, fans young and old will join such favorite characters as Anakin Skywalker, Obi-Wan Kenobi and Padmae Amidala, along with brand-new heroes like Anakin's padawan learner, Ahsoka. Sinister villains — led by Senator Palpatine, Count Dooku and General Grievous — are poised to rule the galaxy. Stakes are high, and the fate of the Star Wars universe rests in the hands of the daring Jedi Knights. Their exploits lead to the action-packed battles and astonishing new revelations. Starring the voices of Anthony Daniels and Matthew Wood.



Rated PG for sci-fi action and violence, language and brief smoking. Length: 97 min.

Friday, 8:30 p.m.; Sunday, 4 p.m.; Thursday, 7 p.m.

'Tropic Thunder' — After ballooning costs force the studio to consider canceling a ruinously expensive war movie, the frustrated director refuses to stop shooting after his scriptwriter makes a novel suggestion: Send his leading actors — including a not-so-bright action hero whose career is in a tail-spin; an Oscar-winning, blue-eyed/blond-haired thespian playing an African-American soldier; and a heroin-addicted comedian — into the jungles of Southeast Asia to lend some realism to the production. It seems like a great idea — until these clueless actors run afoul of international drug dealers, at which point everything goes off the rails. Starring Ben Stiller and Robert Downey Jr.



Rated R for pervasive language, sexual references, violent content and drug material. Length: 107 min.

A 'lucky-you-live-Hawaii' moment



With fall rains come some of Hawaii's breathtaking rainbows, like this full arc framing a Hickam playground on Tuesday.

Photo by Master Sgt. Peter A. Rolfe

WARRIOR, From B1

you get to go see the results of that; helping reduce casualties and helping the Iraqi Army and Air Force develop and begin to shoulder the load. In garrison you have to maintain that professional distinction between NCOs and junior enlisted, commissioned and non-commissioned officers but when you deploy you are all members of a team, each depending on the other for their respective areas of responsibility and expertise."

Fortunately his expertise at directing close air support is better than his ability to direct a golf ball. When asked what one thing he would change about Hickam AFB he said, "Honestly, I do not get to spend much time at Hickam, but if I could pick one; it would be to remove all the

water hazards from the Mamala Bay golf course."

Asked where he sees himself in 10 years, Sergeant Kistler hopes to be training young JTACs, and making a difference in the TACP career field just as Ed Yuhasz, a former supervisor did for him.

"He got me pointed in the right direction on a deployment — operationally, as well as professionally. He has since retired, but I still check in with him from time to time," said the sergeant. "The educational opportunities in the Air Force are tremendous but some of the most important lessons don't happen in a classroom or an online college course. Ten years from now I hope to be doing for others what others have done for me."

Based on his commander's

observations and assessment, there is little doubt those hopes will be fulfilled.

"Sergeant Kistler has always stood out as a JTAC and has set up some excellent real world scenario training which even made AF news," said Colonel Panaro. "But recently he has breathed new life into the squadron by testing and breaking the entire squadron up into fitness-level groups.

"He then built custom workouts that allow the entire unit to workout and PT as a squadron but yet push hard to keep pace with their fitness group. A fun day of PT could be as simple as stretching and taking a little six- or seven-mile run, or warming up with some calisthenics which leave you begging for relief and then taking off on a short

four-mile run with breaks for push-ups, sit-ups and the dreaded Burpe," said the colonel, adding, "All the members of the squadron dread PT, but after the session the sense of pride and boasting of accomplishment is heard throughout the squadron and is enough to keep the most dedicated Chair Force Warrior motivated throughout the day."

"As we say farewell to the 25th ASOS from our wing and they align under leadership at Fort Lewis, and recognize their long lineage of superior performance in both peace and war," said Colonel Hockman, "I can't think of a better leader to highlight as Warrior of the Week, or a better unit to recognize for their contributions in the past ... and for our future."



Exercise: Chest press
Muscle group: Chest, back, shoulders



This exercise is great for improving upper body strength.

Preparation and execution:

Sit on a chest press machine and keep your back flush against the back pad. Keeping abdominal muscles tight, extend both arms forward and pause for two counts, then return to starting position. Perform 8-12 repetitions for strength, 15-20 for muscle endurance and tone. Rest one minute between sets for a total of two to three sets.



Photos by Benny Miguel, Hickam Fitness Center director

Instructions by Airman 1st Class Katrina Plank, assistant fitness coordinator

Model: Senior Airman Marcus Shelton

Staff: Airman 1st Class Katrina Plank