

## Inside



■ Movies this week: 'Hellboy' (above) and 'Journey to the Center of Earth' **B4**



■ Hickam Half Marathon results **B5**

## Education

**Force Development Flight closure notice** – The Force Development Flight to include the education office, base training, formal training and military testing will be closed Monday 10:30 a.m. to 1 p.m. due to an official function. Scheduled testing will not be impacted by the closures.

**Community College of the Air Force cutoff date for October class** – To be considered in the October class, CCAF must receive all documentation for degree candidate submissions by Friday, Aug. 29. This is for diplomas to be printed in October. For more information about CCAF, call Timothy Smith at 449-6363, ext. 221.

**PME testing** – Individuals enrolled in voluntary Professional Military Education Course 12 or 14, SOS, ACSC or AWC need to contact the Force Development Flight via e-mail 15mss.dpe@hickam.af.mil or by calling 449-6363 to schedule an exam. Testing is available by appointment only on Tuesdays and Wednesdays.

**Education level updates** – Have you completed a college degree?

Enlisted Air Force members should have their official college transcript mailed to 15 MSS/DPE (see Air Force Virtual Education Center for address) to have their education level updated. Officers' must have their transcripts mailed to AFIT. Check the vMPF to determine if your education level is current. Call 449-6363 or stop by Hangar 2 Rm 103 for more information.

**Spouse tuition assistance program** – Applications are now available in Hangar 2, Rm. 103 or online at w2.hickam.af.mil/units/15mssaaffr/ind ex.asp under Air Force Aid Society. Applications will be accepted from Aug. 25 to Sep. 10 for classes with a term start date of Oct/Nov/Dec 2008. Visit the Force Development Flight in hangar 2, Rm. 103 to pick up an application or ask questions.



# Hickam children deploy in support of Operation Hele On

By Staff Sgt. Erin Smith  
15th Airlift Wing Public Affairs

At 0730, the excited voices of 170 children could be heard in formation calling the cadence, "Everywhere we go.... people want to know who we are, so we tell them ...." At 1630, the same voices were heard coming through the door of the community center. This time, a little more weary and the cadence was, "I need a na-aap, a long, long na-aap."

Hickam's littlest warriors participated in the base's 5th annual mock deployment exercise, Operation Hele On (meaning move forward), here Aug. 15.

Operation Hele On bridges the gap between children and Air Force military parents when it comes to deployment, according to Tech. Sgt. Cherie Greene, 15th Mission Support Squadron Operation Hele On director. "This program is designed so children can get a better understanding of what parents do when they deploy," she said. "The program helps alleviate children's fear or anxiety about deployments. Children partici-

pating first-hand in a mock deployment really helps them understand."

Beginning the adventure, the children, ranging in age from 9 to 14, met face-to-face with volunteer military training instructors who taught them basic drill movements and military customs and courtesies. After the encounter with the MTIs, they broke into flights and marched to the deployment line at Building 2115.

There, they sat through deployment briefings and tried on the same personal protective equipment their parents are issued when they deploy. After a struggle with his flack vest and Kevlar, Robert Brown, 14, said, "And all this to keep a bullet from touching you."

He went on to explain the difficulties of the gear. "It's hectic. Putting on your belt, finding your ID card, the heavy helmet ... It takes a lot for [an Airman] to be suited up properly"

After receiving briefings and equipment, the 'airmen' headed to a C-17 for take-off. There, they received a briefing from the loadmasters, who explained how much equipment a C-17 can carry and how fast it can fly.

Upon landing at Kumulani Air Base, the simulated deployment location, the warriors received weapons safety training and a military working dog demonstration from the 15th Security Forces Squadron and explosive ordnance recognition training from the 15th Civil Engineer Squadron's Explosive Ordnance Disposal team. After, it was on to the medical tent where they received moulage, simulated wounds.

At the end of their busy day, the children performed a drill competition for their parents.

"It was impressive how quickly they were able to catch on to the drill movements," said Master Sgt. Mike Moore, an Operation Hele On Military Training Instructor from the 735th Air Mobility Squadron. "Most importantly though, the children got a lot out of it. One kid whose father is deployed came in at the beginning of the day upset and walked out relieved and with a better understanding of what his dad is doing. If we helped one kid that day, we served our purpose."

For more information about Operation Hele On and other family programs, call the Airman and Family Readiness Center at 449-0300.

Photos by Staff Sgt. Erin Smith and Staff Sgt. Michael Holland



Cougars Flight marches to and on C-17 where they receive a briefing from a loadmaster.



Hickam junior warriors form up and salute during a retreat ceremony at the end of Operation Hele On mock deployment.



Explosive Ordnance Disposal members show Hele On participants how to search for an unexploded ordnance.



Explosive Ordnance Disposal members show Hele On participants what a mock unexploded ordnance could look like.



An Airman from the 15 medical Group applies moulage to junior deployers. This shows them what an injury would look like.



Airmen from the Sky Warriors flight practice Dress Right Dress as they learn how to form up and march during Operation Hele On.

## Inside SERVICES

### All Ranks Texas Hold'em set for Enlisted Club

The Hickam Enlisted Club hosts Texas Hold'em for all ranks on Friday, Aug. 29 at 6:15 p.m. Pre event registration is encouraged as there is limited seating. Texas Hold'em at the Enlisted Club is a free members' only event. For reservations or other information, call 448-2271.

### Registration now for Duathlon at Fitness & Sports Center

Sign up now for this exciting running and cycling event being conducted by the Hickam Fitness & Sports Center. The Third Annual Hickam Duathlon consists of a 5K run, 25K bicycle race and finishes with another 5K run. Registration runs through Sep. 10 and all entries will receive a t-shirt commemorating the event. Stop by the Fitness & Sports Center to sign up or call 448-2214 for complete details.

### Need to sell or buy a car quick? Check out the Hickam Resale Lot

The Hickam Vehicle Resale Lot located adjacent to the flightline near the Ke'alohe Par 3 Golf course is the perfect place if you want to buy or sell a car, truck, motorcycle or boat quickly. Sellers can purchase a permit at the Hickam Arts & Crafts Sales Store. Sellers will need to bring a driver's license, vehicle registration, safety inspection and insurance papers. It's just \$8 per week! Call 448-9907 for additional information.

### Hickam Outdoor Recreation features swim lessons

Since we are surrounded by water on this tropical isle, it's probably a good idea to be able to swim. Hickam Outdoor Recreation offers swim lessons for all levels throughout the month of September and you may register on line at [www.hickamservices.com](http://www.hickamservices.com). Classes are 50 minutes long each with six lessons per session offered. Call 449-5215 for more details.

### Are you into Bunko? Check it out at the E'Club

That fascinating dice game called 'Bunko' will be played at the Hickam Enlisted Club on Friday, Aug. 29 from 6-10 p.m. Not sure what 'Bunko' is all about? Check out the 15th Services web page for a complete history on the game ([www.hickamservices.com](http://www.hickamservices.com)). Friday's event is free to Club members and just \$10 for non-members. Bunko is open to all ranks!

### 'NEW' is the word at new Outdoor Recreation rental facility

Just about everything is new at the Hickam Outdoor Recreation

Equipment Issue store. OREI will officially move to its new location, Bldg 1760 (Formerly the AAFES Shoppette) on Kuntz Avenue in early September. Surf boards, snorkel gear and bounce houses are a few of the new items on hand. You don't have to buy it just rent it! For additional information, call 449-6870.

### Mamala Bay Golf Course aerates the greens next week

Don't forget golfers. Monday and Tuesday of next week, Mamala Bay Golf course is conducting aeration of the greens. The Pro Shop will be open both days from 8 a.m. to 2 p.m. and the driving range will be open too. However, the snack bar will be closed. For details, call 448-2318.

### "We do more than cut wood" says Wood Shop

The Hickam Wood Shop is open to all woodcrafters Tuesday, Wednesday and Thursday from 3 to 8 p.m. and on Saturday and Sunday from 10 a.m. to 5 p.m. Crafters are invited to 'do-it-yourself' in this state-of-the-art facility. The Wood Shop staff conducts classes and also has skilled personnel onsite to help you create one-of-a-kind projects. Call 448-9911.

### Hickam Vet Clinic ready to help your pet

Routine vaccinations, nail trim, micro chip implants, heart worm test for dogs and internal

parasite testing are available to pet owners every Monday, Tuesday and Wednesday at the Hickam Veterinary Clinic. The clinic is not for sick calls or other services that are provided at the Saturday clinic. If other problems are found, your pet can be scheduled for the next available doctor's appointment. Call 449-6481 for more information.

### Auto Hobby helps teach you how to care for your car

The Hickam Auto Hobby Center will conduct two free "How to" classes Friday, Sep. 13 and 27 at 6 p.m. The topic is "Under the Hood Fluids". Call 449-2554 to reserve your place. Auto Hobby is located in Bldg 4002 and features full service or self service auto repair and maintenance with ASE certified mechanics.

### Hickam Bowling Center Lunch n' Bowl program for active duty

Are you having lunch in uniform and spending more than \$5? Try the Hickam Bowling Center's Lunch n' Bowl program at the Kau Kau Komer and save money while enjoying some afternoon bowling fun. For complete information, call Mel at 448-9959.

### Get to the bottom of it with Outdoor Recreation Fishing Trip

The Hickam Outdoor Recreation team takes you bottom fishing on Sunday, September 7. You'll be transported on a fully equipped boat to the prime fishing spot where you'll have a chance to land a lunker from the bottom. Reserve your space at [www.hickamservices.com](http://www.hickamservices.com). For additional details, call 449-5215.

*Hickam AFB Child Development Centers*

## Gold Standard in Child Care

Recently, the Hickam Child Development Center Main and Hickam Child Development Center West were informed that they had achieved accreditation with the National Association for the Education of Young Children (NAEYC). This accreditation represents the "Gold Standard" for quality early childhood programs in the United States.

Both centers were measured against the new NAEYC Early Childhood Program Standards. Accreditation matters because it represents the mark of quality that families look for in the care of their young children. The seal of approval from NAEYC gives families the chance to make the right choice for children.

Military child care programs are rated the best in the nation. The extra step of becoming accredited makes the Hickam programs an even better place for the military child's learning and development.

To achieve accreditation, the programs began planning over a year in advance. Each director was required to put together a Program Portfolio consisting of 154 separate criteria with evidence on how each one was met. Each classroom had to complete an activity room portfolio consisting of 37 criteria for infants, 63 criteria for toddlers and 86 criteria for Preschool. Each criteria had to contain evidence that the activity room met each of the criteria.

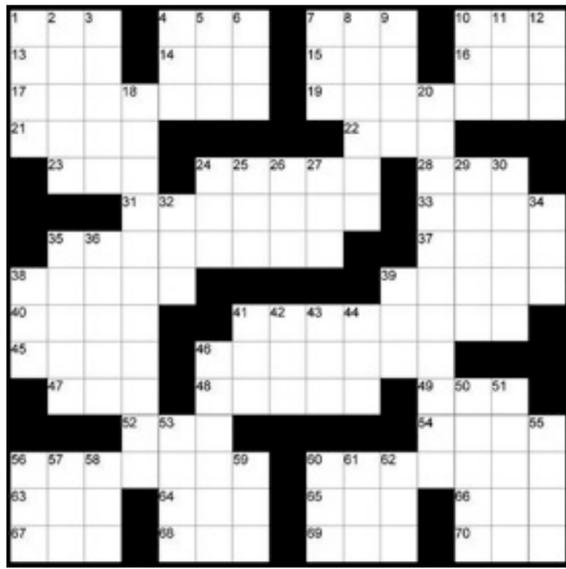
Though the process was lengthy, it allowed the staff to actually "see" all of the quality things they do for children and to then tell their "story" to others. The story consists of chapters in leadership, program management, philosophy, curriculum as well as relationships with families and the community.

The dedicated staff members were amazed to learn everything they do for children and families on a daily basis something they rarely take time to stop and think about. It was a true validation of their dedication and service to children and families.



**HICKAM AFB**  
**SERVICES**  
*Combat Support & Community Service*

# Crossword Puzzle: The Old Line State's Base



**By Capt. Tony Wickman**  
71st Flying Training Wing

89th AW commander at Old Line State base

**ACROSS**

- 1. 2001 computer
- 4. Sheep's sound
- 7. Oklahoma town
- 10. Feline
- 13. Org. supporting US Armed Forces overseas
- 14. Sick
- 15. Score for Tiger
- 16. Bullring cheer
- 17. Mansions
- 19. Roof support
- 21. Abominable snowman
- 22. Fink
- 23. Rocky pinnacle
- 24. Destitute
- 28. Music genre
- 31. Stern overhang of a ship
- 33. Middle East gulf
- 35. Brig. Gen. Margaret \_\_\_;

- 37. Small children
- 38. Piece of glass
- 39. Heart part
- 40. 2002 Liotta film
- 41. Col. Paul R. \_\_\_; 316th WG commander at Old Line State base
- 45. Away from the wind
- 46. German siren
- 47. Tokyo formerly
- 48. Nonchalant
- 49. Head movement
- 52. Bother
- 54. Fencing sword
- 56. Aircraft control surface for roll or bank
- 60. Lt. Gen. Frank Maxwell \_\_\_; Old Line State base namesake
- 63. Mil. field food
- 64. Cardinals great Brock
- 65. Mil. duty status unknown

- 66. Sen.'s congressional counterpart
- 67. Dog or cat
- 68. Canadian prov.
- 69. Taxi
- 70. Writer Rand

**ACROSS**

- 1. UH-1; aircraft assigned to Old Line State base
- 2. Benefit
- 3. Gambling game
- 4. Horse riding equipment
- 5. Pub order
- 6. USAF PME for E-4s
- 7. Inclined
- 8. "Chocolate Thunder" Dawkins

- 9. Region
- 10. Mil. bunk in the field
- 11. Everything
- 12. Golf prop
- 18. VC-25; aircraft assigned to Old Line State base
- 20. VC-137; former POTUS aircraft at Old Line State base
- 24. 22°30' west of due north
- 25. Greek letter
- 26. Listening organ
- 27. Accomplished
- 29. Idolize
- 30. Type of naval officer
- 32. Compute
- 34. US cryptologic org.
- 35. Moby Dick was one
- 36. Used a paddle
- 38. John Wayne's airport, in brief?
- 39. We \_\_\_ the Champions
- 41. Internet provider
- 42. \_\_\_-Magnon; early man

- 43. Arkansas town SE of Little Rock
- 44. Mythical being
- 46. Body of water
- 50. Musical entertainment
- 51. Admiral of the Navy George \_\_\_
- 53. A Guthrie
- 55. Sports entertainment station
- 56. Guitar need
- 57. Fury
- 58. Permit
- 59. Acorn or pecan
- 60. MAJCOM Old Line State base is assigned
- 61. Actress Peeples
- 62. Lump

See SOLUTIONS, B4

# SUDOKU

For solution, see SUDOKU, B4

	4		8					1
		8		7	6			3
3	7		2	4				6
						4		
4		3		2		6		5
		9						
6				1	2		5	7
2			6	9		1		
5					7		6	

## Team Hickam History

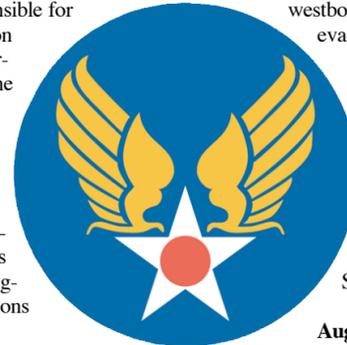
The Air Force's most historic airfield

**August 29, 1950** — Under "Operation Blood Plasma," the first shipments of whole blood from the mainland U. S. destined for Korea arrive at Hickam AFB. The 1500th Air Traffic Squadron was responsible for re-icing these shipments upon arrival and again upon departure, with ice furnished by the ice plant at Schofield Barracks.

**August 27, 1952** — The 15th Communications Squadron, Command (predecessor to the 15th Operations Support Squadron), is redesignated the 15th Communications Squadron, Operations.

**August 28, 1952** — The first Women in the Air Force (WAF) attendant to fly the Pacific Airlift between Hickam and Haneda (Japan), A/2C Irene Grandchamps of 49th Air Transport

Squadron, leaves Hickam aboard a MATS Pacific Division (PACD) C-97 Stratofreighter, and returns six days later. The pioneer flight with a WAF flight attendant carried cargo westbound, and returned with air evacuees.



**August 25, 1994** — The 15th Medical Support Squadron, the 15th Medical Operations Squadron and the 15th Aerospace Medicine Squadron (predecessor to the 15th Aeromedical-Dental Squadron) are constituted.

**August 29, 2003** — F-16 strike fighters from the 182nd Fighter Squadron, Kelly Field, Texas, join 25th Infantry Division (Light) elements for a Sentry Strike joint close air support (CAS) exercise planned and executed by the 25 ASOS.

**SOLUTIONS,** From B3



**SUDOKU,** From B3

9	4	6	8	5	3	7	2	1
1	2	8	9	7	6	5	4	3
3	7	5	2	4	1	9	8	6
7	6	2	5	3	9	4	1	8
4	1	3	7	2	8	6	9	5
8	5	9	1	6	4	3	7	2
6	9	4	3	1	2	8	5	7
2	8	7	6	9	5	1	3	4
5	3	1	4	8	7	2	6	9

**Jenny**



**CHAPEL**

*Editor's note: For more information on Base Chapel services or for prayer requests, call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.*

**PROTESTANT**

Chapel Center  
 Sunday Contemporary  
 Service 8:30 a.m.  
 Sunday Gospel Worship  
 10:30 a.m.  
 Nelles Chapel  
 Sunday Traditional  
 8:30 a.m.

**JEWISH**

Aloha Jewish Chapel,  
 Pearl Harbor  
 473-0050  
 Jewish Lay Leader  
 Mr. David Bender  
 527-5877  
 Naval Station Chapel  
 473-3971

**CATHOLIC**

Nelles Chapel  
 Weekday Mass  
 Mon.-Thu., 11:30 a.m.  
 Saturday Confessions  
 4:15 p.m.  
 Saturday Mass 5 p.m.  
 Chapel Center  
 Sunday Mass 10:30 a.m.

**BUDDHIST**

Honpa Hongwanji Hawaii  
 Betsuin A Shin Buddhist  
 Temple  
 536-7044

**ORTHODOX**

For more information  
 call 438-6687

**ISLAMIC**

Friday Congregational  
 Service  
 (1935 Aleo Place, Punahou)  
 1 p.m.  
 Muslim Association  
 of Hawaii  
 947-6263

**AT THE MOVIES**

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Friday, 6 p.m.; Saturday and Wednesday, 7 p.m.

**'Journey to the Center of the Earth'** — When an ambitious science professor (Fraser) develops a decidedly unconventional hypothesis, the mere mention of his name is enough to elicit laughter within the academic community. However, during a subsequent excursion to Iceland, the professor and his nephew make a major scientific discovery that sends them miles beneath the surface of the Earth, where they discover not only strange new worlds, but also encounter creatures so alien they appear to be from another world entirely. Starring Brendan Fraser and Josh Hutcherson.



Rated PG for intense action sequences. Length: 92 min.

Friday, 8:30 p.m.; Sunday, 4 p.m.; Thursday, 7 p.m.

**'Hellboy II: The Golden Army'** — After an ancient truce existing between humankind and the invisible realm of the fantastic is broken, hell on Earth is ready to erupt. A ruthless leader who treads the world above and the one below defies his bloodline and awakens an unstoppable army of creatures. Now, it's up to the planet's toughest, roughest superhero to battle the merciless dictator and his marauders. Starring Ron Perlman and Selma Blair.



Rated PG-13 for sequences of sci-fi action and violence, and some language. Length: 120 min



Photo by DeeAnn Poole

More than 200 runners of all ages hit the roads on Hickam Aug. 16 for the Third Annual Hickam Half Marathon. The event began at 6 a.m. and covered 13.1 miles. The route was considered flat and fast by event organizers. There were winners in 10 categories. Gift cards were given to the top winners and discount coupons to all participants.



## FITNESSTIPS

**Equipment: Body bar**



**START**

**Preparation:**  
 Lay on your side and align lower leg with the upper body.  
 Place the body bar on the side of your leg for added resistance.

**Execution:**  
 Lift leg until you reach peak contraction and maintain neutral alignment of the spine. Return to starting position. Perform 10-12 repetitions, two to three sets...rest one minute between sets.

Model: Sharon Steggerda, certified personal trainer/group exercise instructor  
 Photo by Benny Miguel, fitness director

# Hickam Half Marathon age group results

**Overall Female Open Winner**  
 JULIE WALKER  
 1:29:46.6

**Overall Male Open Winner**  
 SHAWN DODGE  
 1:20:03.1

**Youth**  
 KENDALL DUNN  
 1:55:10.9  
 ALEX PARK  
 2:36:19.4

**Female 18 to 29**  
 LINSEY COUSINS  
 1:39:11.4  
 BROOKE SCIUTO  
 1:46:12.7  
 ANNE BOSTWICK  
 1:47:45.8

**Female 30 to 39**  
 JULIE WALKER  
 1:29:46.6  
 CATHRYN ACKLIN  
 1:33:27.4

CHRISTINA GALLAGHER  
 1:38:14.6

**Female 40 to 49**  
 SHANNON CUTTING  
 1:30:21.6  
 STEFY MATSUMURA  
 1:37:16.3  
 ROSEMARY SPRAKER  
 1:42:03.2

**Female 50 to 59**  
 SALLY DELCE  
 2:04:17.3

CHANTAL BROWN  
 3:18:54.3

**Male 18 to 29**  
 PABLO CERCENIA  
 1:25:10.3  
 GLENN WILDERMAN  
 1:26:48.1  
 JOHNNY KUKAN  
 1:28:59.4

**Male 30 to 39**  
 SHAWN DODGE  
 1:20:03.1

MATTHEW RAULS  
 1:29:19.4  
 JOE MC GOVERN  
 1:30:53.7

**Male 40 to 49**  
 BRIAN WHITEHOUSE  
 1:30:13.1  
 CHRIS SKYBERG  
 1:31:12.9  
 DOUGLAS BAKER  
 1:32:20.3

**Male 50 to 59**  
 KEN CONNER  
 1:29:31.0  
 COSWIN SAITO  
 1:36:22.2  
 JIM MURRAY  
 1:49:16.3

**Male 60 and over**  
 FREDERICK MARK  
 1:43:06.0  
 LOU BRACCO  
 2:02:25.5