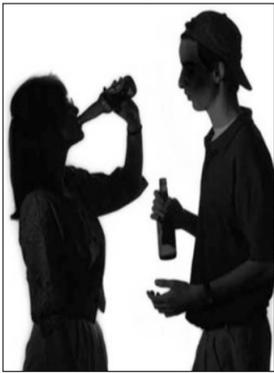


Inside



■ Movies this week: 'Indiana Jones and the Kingdom of the Crystal Skull' (above) and 'Iron Man' B4



■ Upcoming seminar will help parents and teens deal with the challenge of underage drinking B5

Education

Central Michigan University registration — On-base registration for Central Michigan University's Fall I term begins Monday and runs through July 25. CMU offers a 36-credit hour master of science in administration degree with concentrations in: general administration, health service administration, human resource administration, leadership, and public administration. For more information or to register, call 422-6118 or email tanne1am@cmich.edu.

Officer Training School (OTS) deadline — Individuals applying for the OTS Oct 08 rated board need to contact Ali Scanlon with the Force Development Flight at 449-6363, ext. 228, or via e-mail at Alisha.scanlon@hickam.af.mil by Tuesday to set up an appointment for initial package reviews. OTS details can be found at <http://afrecruiting.com/RSOC/>.

SNCO education-level updates — Planning to have your education level updated before Sept. 30, 2008, for the E-8 cut-off? Check your DVR to determine what your current education level is. If you need counseling about completing your CCAF degree, have your CCAF or civilian degree completion updated in your military record, stop by the Force Development Flight in Hangar 2, Rm. 103, to discuss options and requirements.

Commissioning briefing — There will be a commissioning briefing next Friday at 1 p.m. in Hangar 2, Room 126. This is the starting point for active-duty enlisted Air Force members interested in becoming a commissioned officer. For more information or to sign up, call the Force Development Flight at 449-6363.

BEACH BLAST FOURTH OF JULY

Airmen and their families celebrate nation's birthday at Hickam

By Hickam Kukini Staff

Hundreds of Team Hickam members celebrated the nation's 232nd birthday in style during 15th Service Squadron's ambitious 'All American Beach Blast' held last Friday at Hickam Harbor.

In addition to a sunny day on the beach, attendees were treated to a variety of fun and kid-friendly activities, including bounce houses, banana boat rides, rock climbing, giant slide, carnival games and more.

Grownups, meanwhile, enjoyed live music, boat races and tasty, all-American food and beer. Plus, Airmen trotted out their best barbecue recipes in a hotly contested Operation Culinary Combat — an event in which there were no losers, just tray after tray of delicious ribs.

The two-day event ended with a bang Friday night at 8:30, when 15 SVS officials kicked off more than 20 minutes of some of the most spectacular fireworks ever seen over a military base.

For Team Hickam members, it was an event to remember. For the Airmen of the 15th Services Squadron, it was a 4th of July celebration that set a standard they'll have a hard time surpassing when the nation marks its 233rd birthday a year from now.



Inside SERVICES

July's Warrior Friday goes off tonight at the O' Club

Tonight is Warrior Friday in the O' Club Koa Lounge, co-hosted by MXG with the theme of "7-11." Pupus begin at 4:30 p.m. For more information, call the O' Club at 448-4608.

Youth Ocean Adventure summer edition is on now

This six-week program for youth ages 7-15 is open for registration, and includes sailing, surfing, reef walking, volleyball, windsurfing and team building at Hickam Harbor running through July 25. Off-base excursions include hiking Kaena Point, kayaking Chinaman's Hat and snorkeling Three Tables on the North Shore. Pre-registration required, and participants have the option of either full or half days. A full eight-hour day is \$180 per week or \$875 for six weeks, and a four-hour day is \$100 per week or \$450 for six weeks. For more information, call Outdoor Recreation at 449-5215 or go online to register at www.hickamservices.com.

Kids summer craft camps kick into gear on Tuesday

Calling all kids ages 5-15, spend your summer learning new creative projects each day for six fun-filled weeks with the Arts & Crafts Center. Sign up now for all of them or just one week. Class sessions are July 15-18 and July 22-25. Cost is \$50 for the first child, and \$45 for each additional child. For a full list of class schedules and

times, call 448-9907.

Cowabunga! Surf's up at Hickam Harbor next week

Registration is open for group surf lessons, next Saturday from 9:30 a.m. to 12:30 p.m. at Hickam Harbor. Participants must be able to swim without a life jacket and must register by the Wednesday before the class. Cost is \$35 for board rental, transportation and the wisdom of two instructors. For more information, call Outdoor Recreation at 449-5215.

All-ranks Texas Hold 'Em at the E' Club set for July 26

Attention card sharps! Show off your skills at the E' Club's all-ranks Texas Hold 'em, Saturday, July 26. Check in at 5:45 p.m.; game begins at 6:15 p.m. Seats are limited, so sign up early to ensure your place in this free, members-only event. For more information or to sign up, call the E' Club at 448-2271.

Sign up now for E' Club's all-ranks Bunko on July 26

Try your hand at the E' Club's Bunko game, Saturday, July 26, at 6:30 p.m. Seats are limited, so sign up early to ensure a seat at this free, members-only, all-ranks event.

HICKAM AFB
SERVICES
Combat Support & Community Service

Check-in is from 6:15 to 6:30 p.m. For more information or to sign up, call the Enlisted Club at 448-2271.

Summer Junior Golf tourney tees off in two weeks

Entry fee is \$18 per person for this July 26 tournament at Ke'alohe Par 3, running 1 to 5 p.m. All Junior Flights play by age group in the event, which is open to military and their guests. Juniors must have their own set of clubs and must know and abide by the rules of golf and practice good golf etiquette. Open to the first 48 players. For more information, call Ke'alohe Par 3 at 448-2318.

Get movin' in month-long Tour de Hickam

This cycling incentive program runs the entire month, and rewards top finishers and an overall winner with prizes. Log sheets can be picked up at the Fitness Center customer service counter and must be tallied to show total mileage. One spin session gives you 25 miles and actual mileage or road and life-cycle stationary bike, mile per mile. Log your own miles. For more information, call 448-2214.

Get fit with Pal-ercize by Melanie Marani

Registration is now open for Mommy & Me Pal-Time for Tots ages 1-4 and Creative Pal-ercize for ages 3-7, by Melanie Marani. Classes explore a different theme of creative move-

ment focusing on the importance of exercise, development of motor skills, balance and coordination. Cost is \$10 per session. Class dates are July 14-19 and July 21-26. Mommy & Me Pal-Time runs from 10 to 10:40 a.m.; Creative Pal-ercize runs from noon to 12:40 p.m. at the Arts & Crafts Center. For more information or to register, call the center at 449-5215.

Hickam Youth Flag Football registration opens Monday

Registration opens Monday continues through Aug. 8 for Youth Flag Football. Youth born 1993-2003 are eligible to sign up. Practice begins the week of Sept. 1, and the season begins Sept. 27 and lasts through Nov. 15. Cost is \$65 per child. For more information, call 448-4492.

Get into the library's summer reading program

Registration is now open for the library's summer reading program, themed Library Camp Out. Explore your library and join the adventure of reading, now through July 15. This program is broken down into grade levels: pre-schoolers through grade 2, grades 3-6, and grades 7 and up. For more information, call the library at 449-8299.

Attend an Ohana Newcomer's briefing on July 22

Base newcomers and all Team Hickam members — come spin the prize wheel and learn what Services has to offer July 22 at 12:15 p.m. at the Enlisted Club. Free lunch is provided. For reservations, call Paulette Burnard at 448-2209, ext. 237.

Youth Flag Football



Flag Football Registration!

Registration -14 July to 8 August:
Youth Sports and Fitness Bldg 1399
Mon-Fri 1030 - 1730
Season runs from 27 September - 15th November

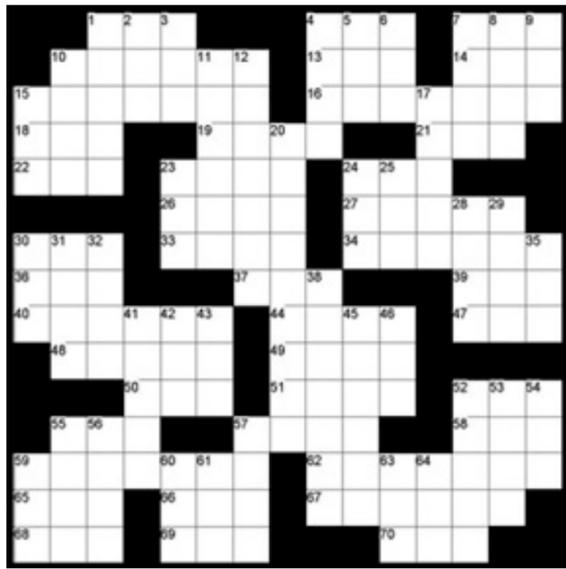
Youth must be born between the years of 1993-2003
Participants must have current physical
and birth certificate to register

\$65 Registration Fee, \$6 Annual membership is required

For more information please contact
448-2296 or 448-2287



Crossword Puzzle: The Pelican State's Base



By Capt. Tony Wickman
71st Flying Training Wing

ACROSS

- 1. Male offspring
- 4. Even
- 7. Pub order
- 10. Be sparing or frugal
- 13. Commotion
- 14. By way of
- 15. Col. Robert ____; Pelican State base host unit commander
- 16. City home to the Pelican State base
- 18. Long time
- 19. Cribbage point
- 21. Weird
- 22. Female sheep
- 23. Information
- 24. Spanish title for a man
- 26. Computer manufacturer
- 27. Deletes
- 30. Zodiac animal

- 33. Office furniture
- 34. Bomb wing at the Pelican State base
- 36. Actress Thurman
- 37. Kitchen meas.
- 39. ____ Grande
- 40. Numbered Air Force based at the Pelican State base
- 44. Liability
- 47. Choose
- 48. San ____
- 49. Away from the wind
- 50. Prod
- 51. Legal claim against property
- 52. USAF MAJCOM the Pelican State base is assigned
- 55. Cabin timber
- 57. Cult
- 58. Expert
- 59. Exotic
- 62. Warned
- 65. Circle part
- 66. True Lies actress Carrere

- 67. Space ____; Seattle landmark
- 68. Afternoon beverage in London
- 69. Droop
- 70. Set or place

DOWN

- 1. Setting or locale of a story
- 2. Mining goal
- 3. Zero
- 4. Short strips attached to an object to facilitate opening
- 5. Altar words
- 6. Goddess of the dawn
- 7. Enthusiastic; ardent; dedicated; keen
- 8. Fibbed
- 9. Corn holder
- 10. Exhibit; display
- 11. Dennis was one
- 12. Declaration of objection, disapproval, or dissent
- 15. Tiny
- 17. Boom made by jet aircraft
- 20. Lt. Eugene Hoy ____; namesake of the Pelican State base
- 23. Father
- 24. ____ Moines
- 25. Lyrical poem
- 28. Spanish bull
- 29. Trim
- 30. Lament
- 31. Between
- 32. One of the wise men from the East, according to the Bible
- 35. Part of a web address
- 38. Brown ____; Louisiana state bird
- 41. Row of bushes
- 42. Friday lead in?
- 43. Pig
- 45. Sacred Ancient Egyptian

SUDOKU

For solution, see SUDOKU, B4

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| 5 | | | | | 8 | 6 | | | |
| | | | 8 | 7 | | 2 | 4 | | |
| 1 | | 4 | 9 | | | | | | |
| | 7 | | | | | | | | 1 |

See SOLUTIONS, B4

Team Hickam History

The Air Force's most historic airfield

July 15, 1927 — Ernest Smith and Emory B. Bronte become the first civilians to make a nonstop flight from the Mainland to Hawaii, crash-landing their Travelair airplane, City of Oakland, in Molokai. They were then transported to Wheeler by Army aircraft.

July 14, 1941 — The Hawaiian Air Force Headquarters moves from Fort Shafter to Hickam Field (GO #38, HHD, 12 Jul 41).

July 13, 1949 — The new Memorial Gymnasium at Hickam AFB is officially opened with a basketball game and a program during half time.

July 17, 1959 — A major fire in Area 61 totally destroys Building T-28, which had been used as a barracks by Military Air Transport Service (MATS) personnel of the 1502 ATW.

July 12, 1972 — Iris Kabazawa of Waimea, Kauai, becomes the first "Island girl" (and non-prior service female) to join the Hawaii Air National Guard. Other first WAFs to join the HIANG in 1972 included Lt. Barbara O'Hare and AIC Phyllis Dickens.

July 13, 1976 — A time capsule is sealed in a small monument placed at the entrance to 15th Air Base Wing Headquarters. The plan was to open the capsule in 100 years.

July 11, 2003 — The 15th Maintenance Group (15 MXG) is inactivated at Hickam AFB, as the 65th Airlift Squadron began flying contractor-supported aircraft (the C-40 in 2002, the C-37 in 2003). Fifteen MXG would reactivate almost two years later, on June 22, 2005, to support Hickam's C-17 mission.



SOLUTIONS, From B3



SUDOKU, From B3

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 3 | 2 | 7 | 6 | 5 | 4 | 1 | 9 |
| 4 | 9 | 1 | 3 | 8 | 2 | 7 | 6 | 5 |
| 7 | 6 | 5 | 4 | 1 | 9 | 3 | 2 | 8 |
| 9 | 2 | 7 | 6 | 5 | 4 | 1 | 8 | 3 |
| 6 | 1 | 8 | 2 | 3 | 7 | 9 | 5 | 4 |
| 5 | 4 | 3 | 1 | 9 | 8 | 6 | 7 | 2 |
| 3 | 5 | 9 | 8 | 7 | 1 | 2 | 4 | 6 |
| 1 | 8 | 4 | 9 | 2 | 6 | 5 | 3 | 7 |
| 2 | 7 | 6 | 5 | 4 | 3 | 8 | 9 | 1 |



Jenny

CHAPEL

Editor's note: For more information on Base Chapel services or for prayer requests, call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.

PROTESTANT

Chapel Center
 Sunday Contemporary
 Service 8:30 a.m.
 Sunday Gospel Worship
 10:30 a.m.
 Nelles Chapel
 Sunday Traditional
 8:30 a.m.

JEWISH

Aloha Jewish Chapel,
 Pearl Harbor
 473-0050
 Jewish Lay Leader
 Mr. David Bender
 527-5877
 Naval Station Chapel
 473-3971

CATHOLIC

Nelles Chapel
 Weekday Mass
 Mon.-Thu., 11:30 a.m.
 Saturday Confessions
 4:15 p.m.
 Saturday Mass 5 p.m.
 Chapel Center
 Sunday Mass 10:30 a.m.

BUDDHIST

Honpa Hongwanji Hawaii
 Betsuin A Shin Buddhist
 Temple
 536-7044

ORTHODOX

For more information
 call 438-6687

ISLAMIC

Friday Congregational
 Service
 (1935 Aleo Place, Punahou)
 1 p.m.
 Muslim Association
 of Hawaii
 947-6263

AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Friday, 6 p.m.; Saturday and Wednesday, 7 p.m.

Sunday, 4 p.m.; Thursday, 7 p.m.

'Indiana Jones and the Kingdom of the Crystal Skull' — In 1957, Indiana Jones is thrust back in action, venturing into the jungles of South America in a race against Soviet agents to find the mystical Crystal Skull. In the process, he teams up with a brash young motorcyclist and is reunited with an old friend — who has surprising news. Starring Harrison Ford and Karen Allen.

Rated PG-13 for adventure action/violence and scary images. Length: 123 min.



MOVIE TITLE — 'Iron Man' — When Tony Stark, a billionaire industrialist and genius inventor is kidnapped in Afghanistan and forced to build a devastating weapon, he makes use of his intelligence and ingenuity to create a high-tech suit of armor and make his escape. Back in the U.S., when he uncovers a nefarious plot with global implications, he dons a highly improved version of his powerful armor and vows to protect the world as Iron Man. Starring Robert Downey Jr. and Terrence Howard.

Rated PG13 for intense sci-fi action/violence and suggestive content. Length: 129 min.



August seminar to target teen drinking

By Hickam Kukini staff

Parents and teens are invited to attend an Underage Drinking Prevention Seminar scheduled for Thursday, Aug. 28, at 4 p.m. The two-hour seminar — which, at press time, was tentatively scheduled to be held on base at Nellis Chapel — will strengthen and expand parent and teen communication on the subject of underage drinking.

The event is sponsored by the Enforcing Underage Drinking Laws Coalition, Mental Health Life Skills/ADAPT, AADD and the 15th Airlift Wing.

For Marisela Doyle, Enforcing Underage Drinking Laws DOD community coordinator, the seminar comes at a critical time.

“According to the U.S. Department of Health and Human Services, youth are consuming alcohol more frequently today than are smoking cigarettes or using marijuana,” she said. “Equally disturbing, approximately 5,000 youth are killed each year as a result of alcohol use.”

Ms. Doyle added that, beyond this obvious danger, alcohol abuse can disrupt brain function in teens —



U.S. Department of Transportation photo

According to the U.S. Department of Health and Human Services, approximately 5,000 youth are killed each year as a result of alcohol use.

whose brains are still developing — in areas critical to motivation, memory, learning, judgment and behavior control. Subsequently, teens who consume alcohol may limit their ability to assess risks accurately and make sound decisions.

“By recognizing this, par-

ents can learn effective and practical approaches in talking to their teens about the dangers of alcohol consumption in order to prevent them from hurting themselves,” she said. “The latest research shows a compelling need to address alcohol use early, continuously and in

the context of human development. Preventing underage drinking will reduce the physical and physiological damage caused from alcohol use.”

For more information, contact Staff Sgt. Audrey Leos at Audrey.leos@hickam.af.mil or 449-0175.



Exercise: Stretch for better posture and to prevent rounding of the shoulders



Lay with head and shoulders on the ball or lay on a bench face up. Stretch arms out to the side with palms up. Let the arms drop as far down to the floor as possible and feel a stretch across the chest. If doing the exercise on

the ball, keep your hips up and feet under knees. This will also strengthen the muscles of the lower back and buttocks.

Model: Lana Torel, Hickam Fitness Center massage therapist and certified personal trainer

Photo by Benny M. Miguel, Hickam Fitness Center fitness director