



Bellows offers many recreational events like, Boo fest, Santa on the Beach and Superbowl parties to help military members relax and enjoy themselves. Miniature golf is another of the activities offered at Bellows, along with hikes and snorkeling tours and lessons.

## ESCAPE to BELLOWS for Family Fun

Story and photos by Kirsten Tacker  
Kukini Photojournalist

Looking for cabins on the beach, snorkeling, kayaking, surfing, body boarding, hiking, miniature golf, driving range, paint ball, tennis, basketball or volleyball?

How about concerts, a Super Bowl party, Luau's or football frenzy every Sunday?

On the northern portion of Waimanalo Bay sits Bellows Air Force Station providing plenty of activities for everyone.

"Bellows is a premiere vacation destination," said Joshua Dial, Bellows marketing director. "You come out here to relax and do all different types of activities, but Bellows is really known for its beaches and cabins."

The cabins cost between \$51-\$70 a night depending upon the location.

"We offer affordable cabins for airmen all the way to 06's and above," said Mr. Dial. "We want our airmen to come out here and be able to bring their families too."

Cabins offer not only the comforts of home but also some of the excitement of camping outside.

"Each cabin has a grill outside and a picnic table," said Mr. Dial. "You can enjoy your food outside near the beach. They have cable television and DVD players. If you don't want to stay in a cabin, we have camping."

Bellows camp grounds for groups or individuals welcomes those in a more rugged vacation.

"In the future we will build some more camper cabins," said Mr. Dial. "They are pretty popular and stay packed. It is basically one room inside with a queen and bunk bed. The cabins sell themselves, we are 96 percent booked annually. What we try to do is market our outdoor recreation programs. Bellows is jam packed on weekends not just for the cabins, but also for the activities."

While staying at Bellows, guests have the opportunity to experience three history tours by van, bicycling or walking or a seasonal hike to Makapu'u during whale season. The base also has snorkeling tours and lessons, kayaking, body board, surfing lessons and Beach 101.

"In Beach 101 you learn about the fundamentals about the waves, fish,



Bellows offers many opportunities to enjoy the outdoors. Some of the camper cabins run on solar energy.

sea life and what grows in the reefs," said Mr. Dial. "In addition, we have miniature golf, driving range, paint ball tours, tennis, basketball and volleyball courts." He added that they want to encourage military families to come out and make use of the great facilities.

A recent event was Boo fest. Bellows will also have Santa on the Beach in December with free pictures and later a Super Bowl party at the close of the NFL season.

"I'd like to plan another military concert with all the military bands for all the families," said Mr. Dial. "I am in the process of planning that right now. We've done Luau's out here this past July and August. Next year it will be June, July and August. We will plan another amazing race. We had a free reggae concert and a cookout right on the beach here, it was a great turn out. We just loved it."

If the events and amenities haven't enticed you, then come and watch Sunday night football on the beach.

"We also have football frenzy going on every Sunday and you can watch any of the games you want to watch," said Mr. Dial. "We have a total of five televisions in the lanai." They may also add a sixth television.

Those who have been to Bellows have probably already chosen their favorite part, but the staff of Bellows is always working to assemble new events for military members and their families.

"My favorite thing about Bellows is we have a great staff," said Mr. Dial. "All the management here we work together, we support each other and make things happen. That is the best thing I like about Bellows is our staff."

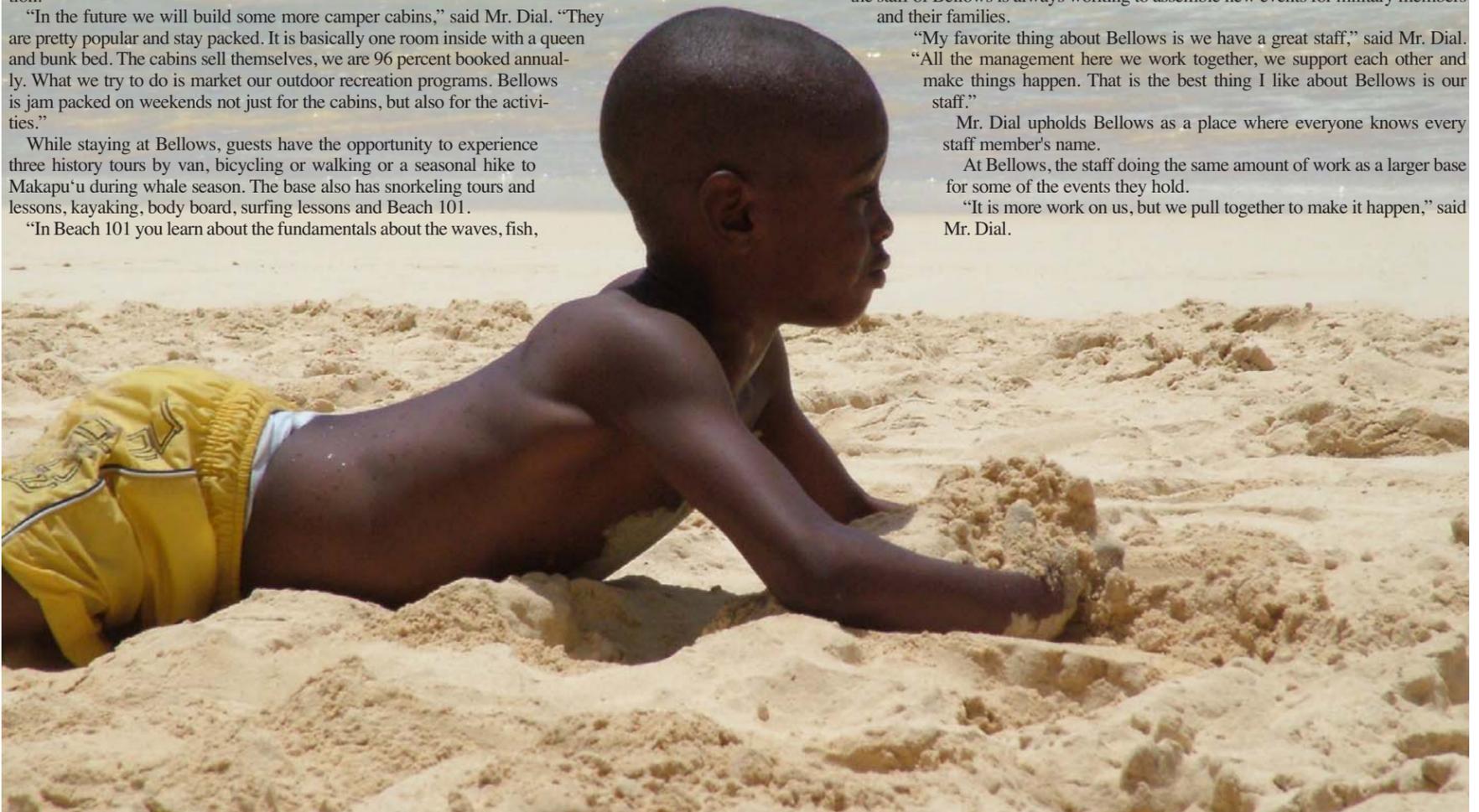
Mr. Dial upholds Bellows as a place where everyone knows every staff member's name.

At Bellows, the staff doing the same amount of work as a larger base for some of the events they hold.

"It is more work on us, but we pull together to make it happen," said Mr. Dial.



Military members from around the island participate in the Amazing Race, a summertime event at Bellows.





## Signal corps heroine

Pictured above with her mother, Mrs. Gerald Bush, six-year-old Delores Claudette Bush smiles despite a broken leg suffered on Dec. 7, 1941. She was given a warrant as an honorary sergeant in the Signal Corps, in which her father is a Master Sgt. And a citation for being wounded in action.

On Sunday morning, Dec. 7, 1941, when the Japanese attacked Hickam Field, one of the first things that had to be done was to establish adequate field communications. This entailed laying miles of telephone wire, so Sergeant Bush went to work. Much of the wire for the field phones was

stored in a temporary dump near the Bush home so Sergeant Bush and his young daughter were the first ones on the scene. As soon as the others arrived, everyone, including Delores, pitched in to get the wire out as soon as possible. During the unloading, one of the heavy reels was dropped, falling across Delores' legs. Her father rushed her to the hospital, where they found her right leg fractured but her left limb only bruised. The fractured leg was immediately put in a plaster cast and the brave little girl who stayed in the hail of bombs to help the Signal Corps was returned to her mother.



Courtesy photo

Members from Pacific Air Forces and the 56th Air Communication Squadron stand with Waimalu Elementary School Principal, Kaylene Yee, at the end of the partnership ceremony. They are wearing the lei and holding banners made for them by the students of Waimalu Elementary School.

## Partnership creates strong ties

By Maureen McFerrin  
Pacific Air Forces

Waimalu Elementary School and Hickam have enjoyed a long and rewarding partnership. Military partners include the Pacific Air Forces Computer Systems Squadron, the Headquarters PACAF Communications Directorate and the Hawaii Air National Guard's 293rd Combat Communications Squadron.

Last year, the student council of Waimalu, under the direction of Advisor Mr. Tony Pablo, Principal Mrs. Kaylene Yee, and Vice Principal Mr. Ernest Muh, sponsored a Christmas card and letter campaign for the deployed airmen for their partnership units. One of the recipients, Lieutenant Far'd Thomas, 56th Air Communications Squadron, received a box of those cards and letters, and visited the school to present a flag case to the school at Waimalu's annual school partnership signing ceremony. Lieutenant Far'd Thomas was deployed to Al Udeid,

Qatar while assigned to the PACAF Computer Systems Squadron and emailed the school concerning the package.

"I would like to sincerely thank you, as well as the students of Waimalu Elementary School, for taking the time to create and mail such beautiful Christmas cards and letters. I received the box exactly on Christmas Day and proceeded to distribute them to my colleagues and even hung a few up around our workspace. To say the least, this was a very pleasant surprise. The cards were very beautifully made, complete with touching words of encouragement and gratitude. Everyone I handed a card or letter to will do their best to respond to each child, but there may be some delay in receiving our responses as the ops tempo here is pretty hectic.

We would like to extend our gratitude to Waimalu Elementary School. We have purchased a flag on behalf of the men and women of A6 USCENTAF FWD, which was then flown over Iraq in honor

of Waimalu Elementary School. Upon my return to Hickam, I would like to present the flag to the school. Again, thank you all for taking the time to set this up for us, words cannot express our gratitude. I will see you when I return. Take care."

This year we have over 30 deployed airmen from our partners in the 293rd CBCS in Iraq, Afghanistan, Qatar and the United Arab Emirates.

They were in everyone's thoughts as well as in a display onstage created by one of the volunteers, Mr. Daniel McFerrin, which used deployed personnel's pictures sent by Senior Master Sgt. Nolan Kanekuni, 293rd CBCS, from Iraq. The students will once again be sending holiday cards and letters to all of them.

The Joint Venture Education Fund provided card stock and mailing materials to help in this effort. The students will be greeting them in an assembly when they return from their deployment next year.

# Crossword Puzzle: Modern Marvels, part 2

**By Capt. Tony Wickman**  
71st Flying Training Wing  
Public Affairs

**ACROSS**

- 1. 1995 film Rob \_\_\_
- 4. 56 to Cicero
- 7. Despise
- 11. Suite or brief follower
- 12. Snakelike fish
- 14. An automated modern marvel device designed to replace human effort
- 15. First man
- 16. Misstep
- 17. Abides by
- 18. Garden tool
- 19. King Mufasa's evil brother
- 20. Camp beds
- 21. Army special forces troop
- 23. Black and white short-necked, web-footed diving bird
- 25. Spanish one
- 26. Halloween goal
- 30. 1986 Weaver film
- 34. Road
- 36. Western Africa country

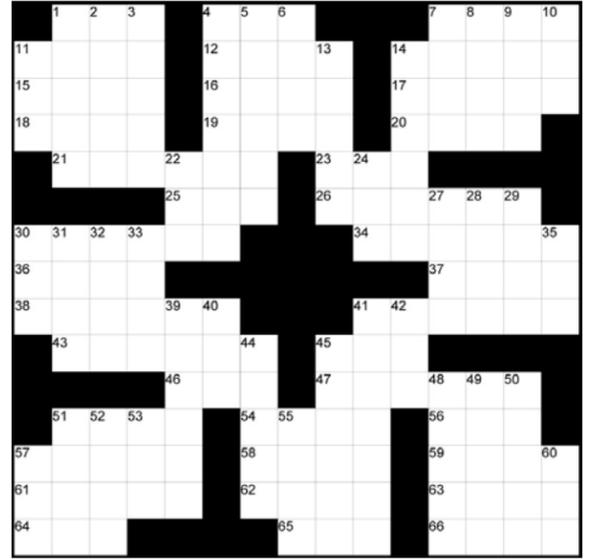
- 37. In the matter of, briefly
- 38. Facades
- 41. Compressed into a ball
- 43. Artificial
- 45. Address for male officer
- 46. Farewell
- 47. Not wearing clothes
- 51. Disturb or disquiet
- 54. Produced offspring
- 56. One Day \_\_\_ Time; 1975-1984 TV series
- 57. Keep planes safe in winter?
- 58. Repeat
- 59. Bail out
- 61. Manservant
- 62. Once more; again
- 63. \_\_\_ Brockovich; 2000 Roberts movie
- 64. ER attendants
- 65. CIA precursor
- 66. Frees yourself of something objectionable

**DOWN**

- 1. Heinrich Hertz invented this 1887 modern marvel to locate items
- 2. Japanese city
- 3. Arabian peninsula country
- 4. Condenses
- 5. George de Mestral created this 1955 'sticky' modern marvel
- 6. Hip bones
- 7. Tramp
- 8. Assist criminally
- 9. Playthings
- 10. LES column
- 11. Karl Benz invented this 'moving' modern marvel in 1885
- 13. Jack who could eat no fat
- 14. Robert Goddard invents this 1926 modern marvel to get to space
- 22. Pistol
- 24. \_\_\_ Graf; father of etching
- 27. Dry
- 28. Care for
- 29. USAF aircrew school
- 30. Federal org. concerned with alcohol, weapons
- 31. Accumulated facts, traditions, or beliefs
- 32. Inventor Sikorsky designed the modern marvel helicopter 1939

- 33. Long spans of time
- 35. Broadcast icon Turner
- 39. Capsule
- 40. Pig's pen
- 41. Bill Gates' 1983 modern marvel for computers
- 42. Circle part
- 44. African denizen
- 45. Soft leathers
- 48. Theodore Maiman created this modern 'optical' marvel in 1960
- 49. 1972 modern game marvel by Nolan Bushnell and Ted Dabney
- 50. Michelangelo's marble statue masterpiece
- 51. Nurture to adulthood
- 52. Lubricates
- 53. Frozen water
- 55. Nevada town
- 57. Modern entertainment marvel introduced in 1996
- 60. USN rank

See SOLUTIONS, B4



## SUDOKU

Puzzle created by Staff Sgt. Sarah Kinsman  
For solution, see SUDOKU, B4

		9		3				7	
	5			4	1	2			9
					8				4
7	6								1
		2					8		
9								4	5
3			2						
8		5	6	1				9	
	7				8		6		

## AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday



Friday and Saturday 7 p.m.

**The Prestige** – A mysterious story of two magicians whose intense rivalry leads them on a life-long battle for supremacy. From the time that they first met as young magicians, Robert Angier and Alfred Borden were competitors. Their friendly competition evolves into a bitter rivalry making them enemies-for-life. Starring Hugh Jackman and Christian Bale. Rated PG-13 (violence, disturbing images), 130 min.



Sunday and Wednesday 7 p.m.

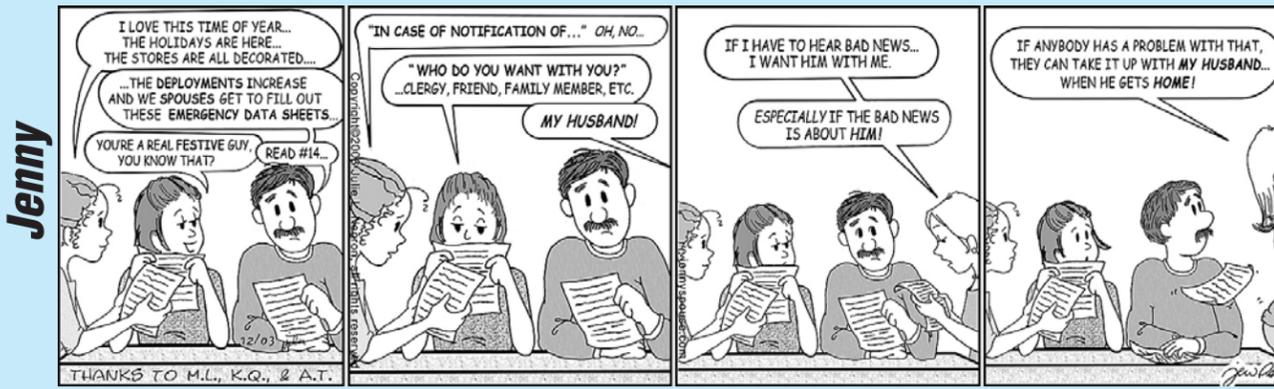
**The Grudge 2** – In Tokyo, a young woman is exposed to the same curse that afflicted her sister. The supernatural force, fills a person with rage before spreading to its next victim, brings together a group of previously unrelated people who attempt to unlock its secret to save their lives. Starring Sarah Michelle Gellar and Amber Tamblyn. Rated PG-13 (mature thematic material, disturbing images/terror/violence, sensuality), 102 min.



Thursday 7 p.m.

**Texas Chainsaw Massacre: The Beginning** – On one last road trip before they're sent to serve in Vietnam, two friends and their girlfriends get into an accident. Thus begins a terrifying experience where the teens are taken to a secluded house of horrors, where a would-be killer is being nurtured. Starring Jordana Brewster and Taylor Handley. Rated R (strong horror violence/gore, language, sexual content), 91 min.

Emergency Data Form



SOLUTIONS, From B3



SUDOKU, From B3

4	8	9	5	3	2	1	7	6
6	5	3	7	4	1	2	8	9
2	1	7	9	6	8	5	3	4
7	6	8	4	5	3	9	2	1
5	4	2	1	9	7	8	6	3
9	3	1	8	2	6	7	4	5
3	9	6	2	7	5	4	1	8
8	2	5	6	1	4	3	9	7
1	7	4	3	8	9	6	5	2

CHAPEL

Editor's note: For more information on Base Chapel services or for prayer requests call the Chapel Center at 449-1754 or Nelles Chapel at 449-6562.

PROTESTANT

Nelles Chapel  
 Sunday Contemporary Service 8:30 a.m.  
 Sunday Gospel Worship 11:15 a.m.  
 Sunday Praise Gathering 5:30 p.m.  
 Chapel Center  
 Sunday Traditional 8:30 a.m.

JEWISH

Aloha Jewish Chapel,  
 Pearl Harbor - 473-0050  
 Jewish Lay Leader Mr. David Bender 527-5877  
 Naval Station Chapel - 473-3971

CATHOLIC

Nelles Chapel  
 Weekday Mass 11:30 a.m.  
 Saturday Confessions 4:15 p.m.  
 Saturday Mass 5 p.m.  
 Chapel Center  
 Sunday Mass 10 a.m.

BUDDHIST

Honpa Hongwanji Hawaii  
 Betsuin A Shin Buddhist Temple - 536-7044

ISLAMIC

Friday Congregational Service (1935 Aleo Place, Punahou) 1 p.m.  
 Muslim Association of Hawaii 947-6263

ORTHODOX

For more information, call 438-6687

SPORTS SHORTS

**The 12 days of fitness** - To prevent holiday workout slack off, the Fitness and Sports Center is sponsoring the 12 Days of Fitness program beginning today until Dec. 31. Participate in any 12 fitness activities and receive a "Property of Hickam" goodie bag that includes an MP3 holder and a t-shirt. Incentive cards are available at the front desk. For more information, call 448-2214.

**Link Up 2 Golf** - The Link Up 2 Golf program is a magnificent four-week introduction to the game of golf. The clinic is held Saturdays from 2:30 to 4 p.m. and costs just

\$99. Classes are limited to the first six students. Register online by going to [www.hickamservices.com/golf-lessons-link-up-to-golf.asp](http://www.hickamservices.com/golf-lessons-link-up-to-golf.asp). For more information, call 449-6490.

**Mixed couples tournament** - Find a partner with drive, make some double eagles and win a prize in the Mixed Couples Tournament at Mamala Bay Golf Course Sunday. Second round times will be used beginning at 11:45 a.m. It's an 18-hole event with multiple formats. The entry fee is \$15 per couple plus green and cart fees. Sign up at the Pro Shop. For more information, call 449-6490.

**Swim lessons** - Register for the next lap of swim lessons Monday between 5 and 7 p.m. at Pool 2. Both group and private lessons at various proficiency levels are available. For schedules and more information, call 449-5215.

**Ham Roll** - In bowling, three strikes make a turkey, but this month win a holiday ham during the Bowling Center's Ham Roll Monday through Dec. 15. Receive an entry slip to win one of four holiday hams with every game bowled during open bowling Monday through Friday from 10 a.m. to 4 p.m. Complete a

three-game series and get a forth bonus entry. For more information, call 449-2702.

**Indianapolis Colts Cheerleaders** - The Indianapolis Colts Cheerleaders extend their own variety of holiday cheers to Team Hickam during their Base visit Dec. 13. They will sign autographs at the upper dining level at Hale Aina Dining Facility at 12:45 p.m. and the variety show troupe will perform "Dreams from the Crossroads of America" at the Freedom Tower Mall at 6:30 p.m. The performance is free. Youth Sports and the Keystone Council will oper-

ate food booths. For more information, call 448-0418.

**Hike Haleakala** - The first ten experienced hikers who sign up by Dec. 10 will have an outstanding opportunity to go on a three-day 20-mile trek of Haleakala Crater on Maui Jan 5 - 8, 2007. The \$375 fee includes round-trip airfare, transfers, three camping breakfasts and dinners and two experienced guides. The itinerary may be viewed online at [www.hickamservices.com/inter-island-packages.asp](http://www.hickamservices.com/inter-island-packages.asp). For more information, call Information, Tickets and travel at 448-2295.



From left to right, Major Sean McElhane, 2nd Lt. David Bartholemew, shoots, Capt. Jason Schmidt blocks and Wing Commander, Col. John Torres serves as the first referee during a Crud Tournament Nov. 22 at the Officer's Club Lounge. Crud is played on a pool table using two cue balls.

## Poker run makes squadron PT fun

By Staff Sgt. Bryan Masters  
15th Operations Support Squadron

“ The poker run was a great way to add a little competition, and legalized gambling to our robust fit to fight program.”

Lt. Col. Steve Franklin

With the physical training program in full force, organizations around the Air Force are finding new and entertaining ways to conduct physical training. The 15th Operations Support Squadron is certainly no exception. Last month, Staff Sgt. Christopher Ferguson, a Survival, Evasion, Resistance and Escape instructor with the 15th OSS spearheaded a Poker Run for 25 squadron members for morning PT.

The run consisted of several checkpoints throughout Hickam. Each runner was provided a score sheet with a complete deck of cards depicted on it. As each runner reached a checkpoint, they drew a card and a volunteer card dealer annotated their card on the score sheet. All runners had to complete at least five checkpoints in order to attain the required minimum for a poker hand. Bonus cards were available for completing at least 5 checkpoints in an hour or less, correctly answering the USAF trivia question and completing all seven stations within the allotted time.

All members that started the race successfully crossed the finish line without incident.

This is just another example that the PT program is being taken seriously by the folks in the OSS. As squadron commander, Lt. Col. Steve Franklin, said, “The Poker Run was a great way to add a little competition, and legalized gambling to our robust fit to fight program”. Master Sgt. William Habenick, 15th OSS Additional Duty First Sergeant, also had this to say, “I am proud of the squadron. They take PT seriously and it shows. This is a great way to come together and have fun.”

With more events like the Poker Run coming about, it is certain that the variety of ways to conduct PT will continue to grow. It might even be daring to say that everyone will actually look forward to conducting PT every day.

## Crud makes a comeback

Story and photo By Angela Elbern  
15th Communications Squadron

The comeback of the Crud Tournament was initiated Nov. 22, at the Officer's Club Lounge.

Crud is often played on a pool table using two cue balls, one to shoot by hand with the other, to keep in motion until one team manages to pocket the ball or someone breaks the rules, which is the norm in this emotionally

charged game. Each team has four players with three lives each. Every time people break a rule, they lose a life, and when all the team mates die, the other team wins.

Brutal bonding is the game here. Blocking, loud obnoxious comments and flying your body over the pool table, as Col. J.J. Torres aptly demonstrated during the game, are allowed as long as players don't lay a finger on the object ball, and everyone is in good spirits.

John Gallagher, the Officer's Club manager offered dinners to the winning teams and plans to integrate regular crud tournaments, monthly.

The event was put on by the Company Grade Officers' Council and managed by 1st Lt. Stu Churchill and 1st Lt. Geoffrey Levine. With an estimated 30 active, cheering participants, and jamming DJ sounds, the game brought out the competitiveness of the officers.

## People needed to time, assist with Honolulu Marathon

Early in the morning, Dec. 10, runners and walkers gather at the starting line to complete the Honolulu Marathon, a run they have trained for months to accomplish.

The community cannot host an event of this magnitude without the assistance of many

volunteers.

All volunteers receive a free hat and T-shirt and fill in with various duties, such as security, timing, assistance at the finish line and, more importantly, the human chain from the end of Kapiolani park to Diamond Head road.

The human chain is a line formed down the center of the road to separate the runners in the area they are required to double back. This also gives volunteers the opportunity to support the runners by cheering. Although much training and preparation are required

for this event, a little support and encouragement never hurt.

Last year there were 100 Air Force volunteers and the goal is to match or exceed that number. To volunteer, contact Master Sgt. Roxane Torres at 449-1506 or roxane.torres@hickam.af.mil.



## FITNESSTIPS



Chelsea Barlow performs a trunk flex, under the supervision of Benny Miguel. During this exercise, people should lie on an exercise ball with the back slightly extended and shoulders higher than hips. Contract the abdominals and begin pulling the rib cage toward the pelvis until the abs are fully contracted, keeping the lower back against the ball. Hold and continue to contract the abs and breathe out any remaining air. Slowly lower the trunk back to the starting position, never releasing the tension from the abs.



When performing the exercise, people should keep the feet shoulder width apart and should not hyperextend the back or the neck.

## Physical therapy helps the body

By Kirsten Tacker  
Kukini Photojournalist

Physical therapy is a method addressing the treatment, healing and prevention of injuries and disabilities.

Its primary focus is to promote healing, pain relief, and restore function and movement.

Many and all can benefit from physical therapy. For example, people who have been in accidents, pre- and post-operative patients, arthritic patients and athletes with overstress injuries.

“Physical therapy is a way for those that are injured to return to full motion or full activities of daily living,” said Capt. Michael Curtin, 15th Medical Group, base physical therapist. “As close to it as possible, whether it be a traumatic injury, sport injury or after surgery.”

After surgery his goal is for the patient to be independent again without having to rely on assisted devices and pain medication.

“After surgery it can depend on how chronic or painful it is and how well they deal with the pain,” said Captain Curtin. “If it is something that maybe in time can resolve on its own or it may need help. Sometimes the more complicated things need to come to physical therapy.”

Pre-operative patients may be able to forego surgery all together.

“In physical therapy I've been able to prevent a lot of surgeries,” said Captain Curtin. “I've had candidates for shoulder surgery, suspected tears of some sort. Through physical rehab they get their full strength back, full range of motion and they end up pain free.

There is no longer a need for surgery.”

Physical therapy can do the same for the many who suffer from low back pain. The reasons for low back pain vary from a lifting injury, a sedentary lifestyle or being overweight. There are so many reasons why people suffer from lower back pain

“Largely 85 - 90 percent of people suffer from low back pain,” said Captain Curtin.

Captain Curtin has had people come in with numbness, tingling or burning sensation down the legs stemming from lower back pain and he's been able to resolve those issues with physical therapy.

“I've had people come in with five to 10 years of low back pain and I've done one manipulation and it is resolved,” said Captain Curtin.

Physical therapy can treat every joint in the body.

“For every joint in the body we have something we can do and that is why we have to know how that joint operates,” said Captain Curtin. “It is not just about straightening and bending, you can have different mechanisms going on in each joint.”

Physical therapists have to continually educate themselves for different dysfunctions and differentiate one dysfunction compared to an injury from another.

“I've had folks come in on a wheelchair or crutches,” said Captain Curtin. “They can't walk because of excruciating low back pain. One patient actually walked in like he had a stroke.

“What had happened was he threw out his back, but he had multiple restrictions and by the time I was done

with him he was back up playing and running pain free.”

There are many examples of the benefits of physical therapy.

Using physical therapy Captain Curtin strives for pain relief, return of function, strength and range of motion, which is the ability to take your whole arm through its full arc.

Another aspect of physical therapy is prevention and education.

“Unfortunately when patients see me they are already broke,” said Captain Curtin. “Physical therapy tries to get involved with prevention, but a lot of times I am so inundated with patients already. It is hard to branch out.”

Captain Curtin teaches low back and knee classes held on every second Wednesday of the month. In the class he teaches stretches and the primary focus is strengthening.

“I've also done running clinics,” said Captain Curtin. “We cover the anatomy, shoe buying guidelines, proper stretching, running tips, intrinsic and extrinsic factors, common running injuries, treatment and management.”

This is another aspect Captain Curtin provides that is crucial to the military members here on base.

“The main goal in physical therapy is to return them to duty and deployment status, back to running or doing unit physical training without any pain,” said Captain Curtin.

For the prevention classes, people can see their primary care manager and get a referral straight into it.

“They don't have to necessarily have an injury or pain,” said Captain Curtin.

# Team Hickam Pick 'Em



168 - 120

156 - 132

Team Roster	Arizona vs. St. Louis	Dallas vs. N.Y. Giants	Indianapolis vs. Tennessee	Kansas City vs. Cleveland	Minnesota vs. Chicago	San Francisco vs. New Orleans	Houston vs. Oakland	Carolina vs. Philadelphia	Records	
									Last week	To date
Col. J.J. Torres 15th AW/CC	St. Louis	Dallas	Indianapolis	Cleveland	Chicago	New Orleans	Houston	Carolina	5-3	50-46
Lt. Col. Lewis Carlisle 352nd IOS/CC	St. Louis	Dallas	Indianapolis	Kansas City	Chicago	New Orleans	Oakland	Carolina	4-4	51-45
Capt. Brian Moritz 535th AS	Arizona	Dallas	Indianapolis	Kansas City	Chicago	New Orleans	Oakland	Carolina	5-3	55-41
CMSgt. Robert Wyman 692nd IG	St. Louis	Dallas	Indianapolis	Kansas City	Chicago	San Francisco	Oakland	Carolina	4-4	54-42
TSgt. Youlanda Grant 15th AW/CCA	St. Louis	Dallas	Indianapolis	Kansas City	Chicago	New Orleans	Oakland	Carolina	6-2	59-37
SrA Jeff Galdikas 15th CES	St. Louis	Dallas	Indianapolis	Kansas City	Chicago	New Orleans	Houston	Carolina	6-2	55-41



**TEAM HICKAM NFL CHALLENGE**

