



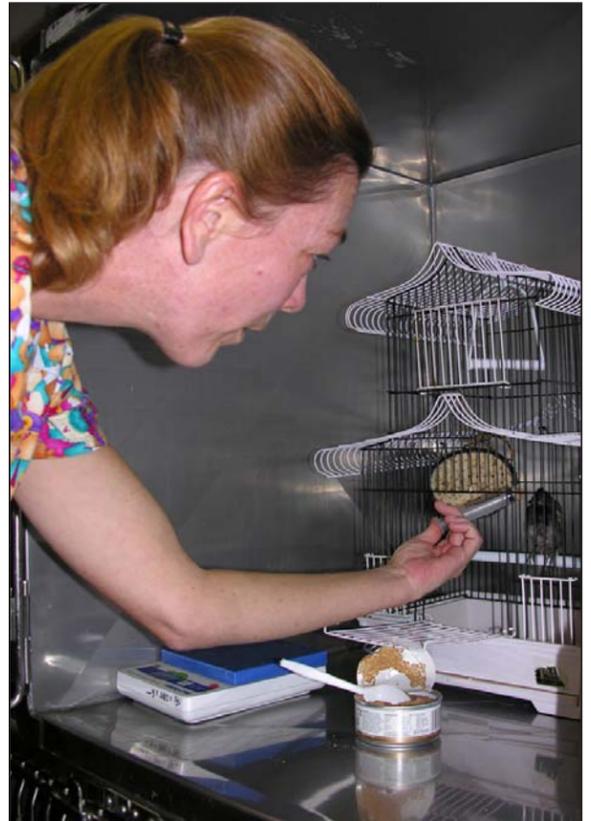
Photos by Staff Sgt. Sarah Kinsman

Army Capt. Mark Chappell, chief of Hickam veterinary services, checks Otis' iris during his visit to the clinic. The Hickam vet clinic serves the Hickam and Pearl Harbor community.

Love your pet



Dr. Bill Thomas, one of three veterinarians at Hickam's clinic, checks Ricco teeth during his visit to the clinic. The clinic also has five veterinary technicians.



Donna Eckman, Hickam veterinary technician, feeds a bird the clinic staff rescued.



Army Spc. Christine Wilde, Hickam veterinary technician, draws blood from Otis.



Nancy Keller, Hickam clinic receptionist, checks a patient out after the visit.

Tips for using Hickam's veterinary clinic

- Know the veterinary hours, services available and scheduling procedures.
 - Hours are Monday through Friday 8 a.m. to 4 p.m. Appointments are Tuesday through Thursday 8 a.m. to 3:30 p.m. To make an appointment, call 449-6481. Appointments are three weeks out. There are no same day appointments.
 - The clinic offers immunizations, parasite control, health certificates, zoonotic disease control, client education and information.
- Have the pet's medical records available and organized.
- Try to arrive 10 to 15 minutes prior to the appointment time to allow the staff time to review the records, get any information or samples required for the visit.
- Have the pet on a leash or in a carrier
- Allow at least 45 minutes to one hour for the visit and check out procedures.

Things to know about the clinic

- The primary mission of the clinic is taking care of the military working dogs.
- Emergency services are not available at the clinic.

Safety at the clinic

- A visit to the vet's office may be stressful for some pets. Owners should keep their pets on a leash or in a carrier and let the staff know if previous visits have caused the pet to become aggressive.
- The clinic is not a safe place for children. Children could be exposed to zoonotic diseases such as ringworm or possibly be bitten by a frightened pet. The staff strongly discourages pet owners to bring children under the age of 10 with them to appointments. If the owner must bring their child with them they should inform the receptionist at the time they make the appointment or upon their arrival. All babies and toddlers must be in a stroller.
- The clinic has a limited number of appointments available. If a pet owner cannot make a scheduled appointment they should call 449-6481 to cancel or reschedule their appointment.

Crossword Puzzle: Airmen of Note, part 1

By Capt Tony Wickman
71st Flying Training Wing
Public Affairs

ACROSS

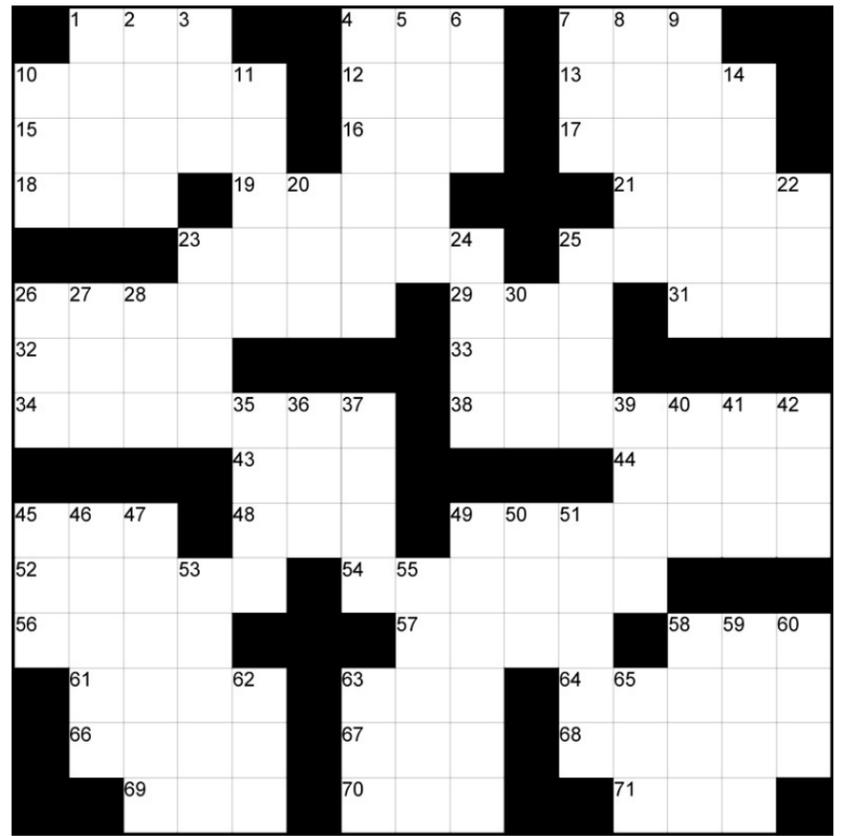
1. Org. founded by William Boyce
4. Dashed
7. Reindeer relative
10. Aviation pioneer, WWII leader who led 8AF in daylight bombing
12. Bullfight cheer
13. Young adult
15. Weapon
16. Arrow shooter
17. Yankees 2B Robinson
18. WW II commander of 2 AF; directed Operation Tidal Wave
19. Abel's brother
21. Needlework using yarn
23. AAC/USAF authority on airlift; directed "Hump," and Berlin Airlift operations
25. WWII fighter pilot who survived infamous 85-mile Bataan march
26. Classifies
29. Commander's region of control, briefly
31. Vote in favor for
32. Tex-Mex menu item
33. Crypto org.
34. First USAF general to head Joint Chiefs of Staff
38. Commanded B-29 Enola Gay, which dropped atomic bomb on Hiroshima
43. Automobile

44. Gardening tool
45. Giant great
48. Org. concerned with environment
49. Enlisted airman awarded Medal of Honor during Vietnam War
52. Moves through water
54. Dance to rock music
56. Fred's pet
57. Hip
58. Strange
61. Norwegian toast
63. Precious stone
64. Bar order
66. Patriot great Bruschi
67. Norma ___
68. First CMSAF; WWII aerial gunner and POW
69. Bread type
70. Finale
71. Showed the way

DOWN

1. Northern Ireland river
2. Play
3. USAF deployment set
4. Father of modern AF logistics; Chief of the AAC materiel division
5. Single
6. Current
7. Additional odds and ends, briefly
8. Permeable
9. Pioneered aerial warfare strategy and tactics in WWII Pacific theater
10. ___ out a living; get by
11. Happening

14. Din
20. Picnic pest
22. Org. concerned with airport safety
23. Bugs or Daffy, informally
24. Bluster
25. Colorless
26. MCI competitor
27. Woodworking tool
28. ___-fi; movie genre
30. USAF org. concerned with counterterrorism
35. ___ up; freezes over
36. Quick rest
37. Clutch
39. Mold-ripened, whole-milk cheese
40. Dine
41. Boxing result, briefly
42. Embroider
45. SECDEF's office symbol
46. Swerve
47. WWII pilot, took command of Hawaiian forces after Pearl Harbor
49. On the horizon
50. Exaggerated sense of self-importance
51. Mexican revolutionary



- leader Pancho
53. Early AF pioneer; killed while serving with the Beech Aircraft Co
55. Body of water
58. Shrek was one

59. Title
60. Arid
62. Cleaning solution
63. Grad. school test
65. Cause physical pain

AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Today, Saturday and Thursday 7 p.m.

John Tucker Must Die – When three popular girls from different cliques discover they’ve all been dating the school stud, they band together to seek revenge. Despite the jerk’s charm and ever-growing popularity, the girls cleverly scheme with the help of the inconspicuous new girl in town, to soil his reputation and break his heart. Starring Jesse Metcalfe and Sophie Bush. Rated PG-13 for sexual content and language.



Sunday and Wednesday 7 p.m.



Lady in the Water – Cleveland Heep, a modest building manager, rescues a mysterious young woman from danger and discovers she is actually a narf—a character from a bedtime story who is trying to make the treacherous journey from our world back to hers. Cleveland and his fellow tenants start to realize that they are also characters in this bedtime story. As Cleveland falls deeper and deeper in love with the woman, he works together with the tenants to protect

his new fragile friend from the deadly creatures that reside in this fable and are determined to prevent her from returning home. Starring Paul Giamatti, Bryce Dallas Howard. Rated PG-13 for some frightening sequences.

SUDOKU

Puzzle created by Staff Sgt. Sarah Kinsman

1			4	6	2	5	3	
		8						9
	6		5			7		
	3	5						
7			8	1				4
		4		3	7	6	8	
	9			2				1
6		1					7	
3				4	1		5	

SOLUTIONS, From B2

B	S	A	R	A	N	E	L	K					
E	A	K	E	R	O	L	E	T	E	E	N		
K	N	I	F	E	B	O	W	C	A	N	O		
E	N	T	C	A	I	N	K	N	I	T			
A	S	S	O	R	T	S	A	O	R	Y	E	A	
T	A	C	O		N	S	A						
T	W	I	N	I	N	G	T	I	B	B	E	T	S
O	T	T	E	P	A	L	E	V	I	T	O	W	
S	W	I	M	S	B	O	O	G	I	E			
D	I	N	O		C	O	O	L	O	D	D		
S	K	O	L		G	E	M	L	A	G	E	R	
T	E	D	Y		R	A	E	A	I	R	E	Y	
R	Y	E			E	N	D		L	E	D		

Jenny

If I told you

A comic strip about life as a military spouse. Copyright Julie L. Negron



Photos by Kirsten Tacker

Alec Coopman, left, performs a high kick to the head of Ezra Howells, 10, a red belt in Tae Kwon Do during a lesson. During their lessons, the boys practice kicking, hitting targets and blocking. Alec took home a silver medal in the 12 - 13 year old class and Ezra won the bronze in the 12 - 13 year old class in the Junior Olympics.

Tae Kwon Do captures boys' hearts

By Kirsten Tacker
Kukini Photojournalist

Tae Kwon Do has captured the hearts of three Hickam boys, Alec Coopman, 11, Ezra Howells, 10, and James Thayne, 11, who have taken their passion all the way to the Junior Olympics.

As a senior red belt, Alec took home a silver medal in the 12 - 13 year old class and the gold in the 10 - 11 year old class at the Junior Olympics. Ezra, a red belt, won the bronze in the elite 12 - 13 year old class, gold in the elite 10 - 11 year old class and silver in sudden death, with a sprained thumb from his first class. James, a third degree black belt, earned a bronze in forms.

Competing in the Junior Olympics is the highest accolade for their age group in Tae Kwon Do. Competition in this sport goes by age, weight and the color of their belt, which is their ranking within the sport.

"All three of the boys have a great work ethic, good heart and they all fight hard," said Master Brian McCutcheon, Oahu Tae Kwon Do Center instructor. "They are good kids who train hard, that are very skilled and dedicated."

Master McCutcheon is the boy's instructor who not only teaches them the sport, but how to prepare for the Junior Olympics.

Before competing from day one Master McCutcheon taught the boys the five tenants of Tae Kwon Do, courtesy, integrity, perseverance, self-control and an indomitable spirit.

"The training time involved for the Junior Olympics is two hours a day, anywhere from four to six days a week, depending on the age groups," said Master McCutcheon. "They have to go to a qualifying event first and then they go to the Junior Olympics. For the age groups we are talking about, that is the highest level of competition available to them."

Alec, Ezra and James started Tae Kwon Do at a very young age and all for different reasons.

"I started Tae Kwon Do when my mom convinced me to try it and then when I got into it, I got more interested," said Alec. "My favorite part of it is going to tournaments in other states."

Alec also likes sparring, when they bring the scoreboard out and enjoy how it feels to be scored on the scoreboard. Alec aspires to



James Thayne, left, 11 years old and a 3rd degree black belt, and Alec Coopman, 11, a senior red belt, prepare to spar while Master Brian McCutcheon, their instructor, gives them pointers during a Tae Kwon Do lesson.

make it to the Olympics when he gets older.

Ezra's aspirations, as he grows older, are a departure from Tae Kwon Do.

"My real goal is I want to be a Navy Seal," said Ezra. "There was this one special on TV, I think I watched it when I was nine. That is when I first heard about them, they were lifting logs and other things. Then I kept reading about being a Navy Seal, finally I picked up this book, High on Adventure, it is a really good book."

Before he discovered his desire to be a Navy Seal, he discovered his fondness for Tae

Kwon Do at the age of five.

"Well when I was five, turning six I wanted to do a sport," said Ezra. "I lived on Hickam, so the closest thing there was the community center and that has a lot of sports in it."

He went to the community center, found out what sports there were and tried all the sports they offered.

"I found out I liked Tae Kwon Do the most, so I joined and kept doing it and doing it," said Ezra. "Tae Kwon Do is what I like because it is fun. Sparring and tournaments are my favorite."

Olympic style sparring is what they do to train for the Junior Olympics, technically the Junior Olympics is Olympics style Tae Kwon Do.

James hopes to be in the Olympics one day, just like Alec.

"When I was four, I was begging my mom over and over," concluded James. "When I was six, she finally caved in and that is when I started Tae Kwon Do. I just love to use energy and kick targets. It is a lot of fun for people who like sports and aren't afraid to sweat."

The predictions are made, watch the answers unfold in NFL '06

By Delvin Reed

Kukini Stringer Sports Writer

It's time to get back to the good ole' grid iron and see what the National Football League has in store for us for the 2006 season. Get ready for 17 weeks of action-packed, bone-crushing, yards-rushing, non-stop action that will keep the most avid of football fans on the edge of their seats.

The 2005 season left us with many questions. I'm sure the burning question on most Dallas fans' minds is whether the new Owens/Parcell relationship will work. I predict the media will do what they can to turn every cross-eyed look into a media story, but in the end, the big T.O. has learned some things are better left unsaid and will do well as a Cowboy.

What would this article be without a few rhetorical questions? Will Cincinnati Bengal's Quarterback Carson Palmer return from a 2005 postseason knee injury and lead his team back to the playoffs?

Will ProBowler, Dante Culpepper, after being traded to the Miami Dolphins and

knee surgery, be able to lead his new team to the playoffs. All I can say to that is let the comparisons, to Marino begin ...

This season also boasts seven first-time NFL head coaches. Will any of them prove they have what it takes to "run with the big dogs" or will they find themselves wishing they'd stayed on the porch?

After leading his team to four straight NFC Championship games and to the Super Bowl, can Donovan McNabb take back control of his team after last year's rebellion? I'm not even going to touch that one. We'll just have to see if he has the mettle to put all of that behind him and refocus his team.

One team of interest to many football fans will be the Oakland Raiders. Can Randy Moss, Aaron Brooks, Art Shell, and Al Davis fix that team?

Will Oakland regret having passed on Matt Leinart in favor of safety Michael Huff? I believe the often unfairly vilified Randy Moss has a few more good years left in him. He makes quarterbacks into superstars and will deliver just as he did as a Minnesota Viking.

No NFL discussion would be complete without addressing the Manning Brothers. Both of their teams have great defenses and Pro Bowlers at every position on offense.

Will Payton and Eli Manning be able to lead their teams to the big game? If the Manning Brothers play well don't be surprised to see them meet at the Super Bowl.

The Washington Red Skins have a top-rated defense and talent at every position on offense, can they get enough from the quarterback position? It remains to be seen. The success or failure of their season will depend on it.

With retirements, defections and injuries, the Pittsburgh Steelers have had a terrible off-season, can Ben Roethlisberger following recovery from a life threatening motorcycle accident compensate for the many losses? Let's just say, I don't see them defending their 2005 Super Bowl championship.

Well folks, there you have it ... I might not always be right but I'm seldom completely wrong. Let it be known that you read it here first. Enjoy the season.



SUDOKU, From B4

1	7	9	4	6	2	5	3	8
2	5	8	1	7	3	4	6	9
4	6	3	5	8	9	7	1	2
8	3	5	6	9	4	1	2	7
7	2	6	8	1	5	3	9	4
9	1	4	2	3	7	6	8	5
5	9	7	3	2	6	8	4	1
6	4	1	9	5	8	2	7	3
3	8	2	7	4	1	9	5	6

Team Hickam Pick 'Em

Team Hickam Pick 'Em kicks off in the Sept. 8 Kukini. The teams are:

Officers: Col. J.J. Torres, 15th Airlift Wing commander; Lt. Col. Lewis Carlisle, 352nd Information Operations Squadron commander; Capt. Brian Moritz, 535th Airlift Squadron

Enlisted: Chief Master Sgt. Robert Wyman, 692nd Intelligence Group; Tech. Sgt. Youlanda Grant, 15th Airlift Wing command section; Senior Airman Jeff Galdikas, 15th Civil Engineer Squadron.

Let the fun begin!!!

TEAM HICKAM NFL CHALLENGE